

SS, THOMAS MORE & JOHN FISHER PARISH, ACHIMOTA

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ST. THOMAS MORE CATHOLIC CHURCH · 030-3931300

SS. THOMAS MORE & JOHN FISHER CATHOLIC CHURCH - 030-9436199



THE MOST HOLY
TRINITY
Sunday

“ The grace of the Lord Jesus Christ,
the love of God, and the fellowship
of the Holy Spirit be with you all. ”

— 2 CORINTHIANS 13:14 —

• 31ST MAY 2026 •

SS. THOMAS MORE & JOHN FISHER CATHOLIC CHURCH ACHIMOTA



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Ss. Thomas More & John Fisher Catholic Church - 030-2436199



WEEKLY NEWSLETTER

31ST MAY, 2026

**THE SOLEMNITY OF THE MOST HOLY TRINITY,
YEAR A**

Theme for the Week
**THE MYSTERY WE LIVE BEFORE WE
UNDERSTAND**

First Reading: Exodus 34:4b-6, 8-9: Moses pleads for God's mercy on Mt. Sinai.

Responsorial Psalm; Daniel 3:29-30, 31, 33, 32, 34
YOU ARE TO BE PRAISED AND HIGHLY EXALTED FOR EVER.

Second Reading: 2 Corinthians 13:11-13: Paul urges the Corinthians to live in peace with one another and with God.

Gospel Reading: John 3:16-18: God sent his Son into the world to save the world.

REFLECTION

Beloved in Christ, the Solemnity of the Most Holy Trinity confronts us with the most profound reality the Christian faith proclaims — that the one God exists as three distinct Persons: Father, Son, and Holy Spirit, each fully God, all inseparably united in one divine life of eternal love. This is not merely a doctrine to be studied from a distance. It is the living mystery at work in every moment of the Church's life and in every sacrament that she celebrates.

On Sinai, the Father revealed His innermost name to Moses: "merciful and gracious, slow to anger, abounding in steadfast love." On Calvary and in the Resurrection, the Son made that love visible and total — "God so loved the world that He gave His only Son." At Pentecost and in every sacrament, the Spirit brings that same love into the depths of our hearts, constituting us as one Body in "the fellowship of the Holy Spirit." Father, Son, and Spirit are not three distant theological concepts. There are three Persons actively present and at work simultaneously in every Mass, every Baptism, every absolution we receive.

We do not fully comprehend this mystery — and we need not pretend otherwise. St. Anselm guides us wisely: "I do not seek to understand in order to believe — I believe in order to understand." What is asked of us is not intellectual mastery but the pure heart and humble intelligence that receives what God has freely revealed. This is precisely why we begin and end every prayer with the Trinitarian formula — not as a ritual repetition but as the conscious renewal of our dwelling within the love of the Father, the grace of the Son, and the fellowship of the Spirit. May the Most Holy Trinity — whom we cannot fully comprehend but can fully love — be the beginning, the companion, and the destination of every step we take. Amen.

ARCHDIOCESAN ANNUAL THEME (2026)

SENT TO WITNESS: LIVING THE GOSPEL
EVERY DAY (MATHEW 5:16)

CLERGY

REV. FR. PATRICK AGBEKO

- 0244562500
- +1 646 9544 711 WhatsApp Only

REV. FR. CLEMENT QUAGRAINE

- 0248329194

REV. FR. EVANS HALOLO

- 0245430895

REV. FR. DELASE ATSU PARKU

- 0244607526

MASS SCHEDULE

Weekday Mass

STM: Tue - Fri @ 6:15 AM

SJF: Mon - Fri @ 6:15 AM

Sat: Exposition of the Blessed Sacrament 6:00-6:30 am, **Mass:** 6:30 am

Sunday Mass

ST. THOMAS MORE

1st Mass: 7:00 - 9:00 am

2nd Mass: 9:30 - 11:30 am

ST. JOHN FISHER

1st Mass: 6:30 - 8:30 am

2nd Mass: 9:30 - 11:30 am

OTHER PARISH ACTIVITIES

Bible Sharing (**SJF**) Every Wednesday @ 6:30 PM

First Thursday of the month, Adoration at **STM** @ 6:30 PM

Exposition of the Blessed Sacrament @ (**SJF**) First Friday of the month - After Morning Mass, followed by ADORATION in the evening at 7

Infant Baptism - 1ST Sat. @ STM -7 am
Grotto Devotion (SJF) First Saturday of the month @ 4:00 PM



**SS. THOMAS MORE &
JOHN FISHER
CATHOLIC PARISH
NEW ACHIMOTA**

**95 YEARS OF
FAITH, GRACE & MISSION**

ROOTED IN CHRIST.
READY FOR THE NEXT CENTURY.



**Most Rev. Anthony
Narh Asare**
Auxiliary Bishop of Accra



FEAST DAY PROPER
Sunday, 28th June 2026
(8:30AM)
Ss. Thomas More & John Fisher Church



ANNIVERSARY CLIMAX
Sunday, 1st November 2026
(All Saints Day)
(8:30AM)
Ss. Thomas More & John Fisher Church



**Most Rev. John
Bonaventure Kwofie, CSSp**
Metropolitan Archbishop of Accra

A Journey of Faith. A Future of Hope. A Legacy of Love.
ALL ARE WARMLY INVITED!



How to make all church statutory payments through MTN momo
Ss Thomas more & John Fisher
059 585 0922

Dial ***170#**
Select Option 2
Select Option 1
Enter Merchant ID: **247834**
Enter Amt
Enter Reference: eg. *Dues*
Enter your Momo pin
Send



**Have You Paid
Your Harvest
Levy?**

Adult - 200.00
Youth - 100.00
Kids - 50.00



Payments can be made through
059 585 0922

For more info: 030 393 1800



**KPEHE DEANERY
CATHOLIC YOUTH COUNCIL**

PRESENTS

**Career Talk & Skills
Training Program**



**27th June
2026 8:00 AM**

**St. Thomas Aquinas
Chaplaincy, Legon**

Program Outline:

- Holy Mass
- Career Talk Session
- Skills Training Workshops

Training Areas:

- Liquid Soap Making
- Introduction to AI Development

Water will be provided for all parishes Vendors for snacks will be available

[@](#) [X](#) [d](#) Kpehedeanery



**KPEHE DEANERY
CATHOLIC YOUTH COUNCIL**

**Career Workshop &
Training Program**



**CALL FOR
VENDORS**

We are inviting vendors to be part of our upcoming Career Workshop event.

Vendor Fee:

Ghc 100.00

- Canopy
- Table
- Two Chairs

27th June, 2026
8:00 AM

**St. Thomas Aquinas
Chaplaincy, Legon**

Vendor Categories Needed:

- Pop corn • Local Drinks
- Pastries • Yam Chips

FOR REGISTRATION:

0202288547 (JOYCE)

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KNOW YOUR FAITH

The Altar is Christ

The Catechism of the Catholic Church states plainly that the “Christian altar is the symbol of Christ himself, present in the midst of the assembly of his faithful” (1383). The altar is therefore not a remote and isolated image of Christ, but one standing in the midst of his people. For this reason, the altar is given the most prominent location in a church, occupying a place that is “truly the center toward which the attention of the whole congregation of the faithful naturally turns.”⁵ For similar reasons, the Church’s legislation strongly encourages that altars be fixed to the floor to indicate Christ’s eternity and never-ending commitment to his people.⁶ Moreover, at least its “Mensa” (table) is to be made of stone, echoing the scriptures which repeatedly call Christ a rock and cornerstone (see 1 Pt 2:4, 1 Cor 10:4, Eph 2:20). Although exceptions are allowed in particular cases for wooden or portable altars, stone is meant to indicate Christ’s strength and permanence.

When an altar is dedicated, it is anointed and incensed. These liturgical actions reveal the sacramental reality of the altar as a sacrament of Christ. At the Prayer of Dedication, an altar is anointed with sacred chrism precisely because Christ is the One anointed by the Father with the Holy Spirit, making him “high priest, who on the altar of his Body, would offer the sacrifice of his life for the salvation of all.”⁸ Incense is burned to signify that the perfect sacrifice of Christ ascends to God “as an odor of sweetness.” Thomas Aquinas noted in the Summa that not only does the altar itself signify Christ, but the consecration “signifies Christ’s holiness.”⁹

Continue.....

By Denis R. McNamara



MOTIVATION

A Story about the Kind Word.

One day, the famous Russian writer Leo Tolstoy was coming down from his house and on his way, he met a poor young man who used to take help from him and when Tolstoy put his hand in his pocket, he didn’t find his money bag, so he smiled at the man and said to him: excuse me, brother, I forgot my money bag at home. The man said: Believe me, sir, you mean more to me than all people gave me when you told me, brother

My dear reader, the people around us are in dire need of a kind word. For some people, the kind word is greater than the treasure of the entire world because of its profound positive impact on them.

Moral: The kind word is your way to people’s hearts.

Youth Corner

KPEHE DEANERY
CATHOLIC YOUTH COUNCIL

PRESENTS

Career Talk & Skills Training Program

27th June 2026 8:00 AM

St. Thomas Aquinas Chaplaincy, Legon

Program Outline:

- Holy Mass
- Career Talk Session
- Skills Training Workshops

Training Areas:

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- Introduction to AI Development

Water will be provided for all parishes Vendors for snacks will be available

Instagram, Facebook, YouTube, Kpehedeanery

ANNOUNCEMENTS

- We are reminded and encouraged to pay our Harvest levy of GH¢200 per Adult, GH¢100 per working Youth, and GH¢50 per child. Those in arrears of the Harvest Levy and pledges are entreated to redeem them. Those who have pledged for the Legacy of Hope Project are also reminded and encouraged to fulfill their obligations and settle all other Church Financial Commitments. (e.g., Church Dues, Welfare Dues, and Building Fund).
- **Societal Meeting Days:**
 - The New Achimota, Akwetyeman, Kopevi & Achimota Town Community meet every 3rd Sunday of the month at SJF.
 - The Young Christian Workers meet every 3rd Sunday of the month at STM.
 - The Ave Maria Society meets every 2nd Sunday of the month at STM.
 - The Northern Union meets every 1st Sunday of the month at STM.
 - The Christian Mothers Association meets every 3RD Sunday of the month at STM/SJF.
 - St. Theresa of the Child Jesus meets every 1st Sunday of the month at STM & 3RD Sunday at SJF.
 - The Holy Family Akan Kuo meets every 1st Sunday of the month at STM.
 - The Society of St. Vincent de Paul meets every fourth Sunday of the month at STM.
 - St. Francis of Assisi Nigerian Community meets every 1st Sunday of the month at SJF.
- **Marriage Banns:**
- **Death Report:**
- **Funeral Arrangements:**
- The Society of St. Vincent de Paul would like to inform the Knights of St John International and the Ladies Auxiliary of their visit to the wards in Christian Village in July.
- **Offertory for next Sunday:**
 - @STM: 7:00 am & 9:30am Mass: June Borns.
 - @SJF 6:30 am & 9:30 am Mass: June Borns.



PASTORAL CARE

CONFESSIONS - Every Saturday, 5 pm at SJF & 6:30 pm at STM

BAPTISM - First Saturday of every month. Please visit the Parish Office for the baptismal form.

VISITATION TO THE SICK AND AGED Tuesday @ 7 am. Contact the Parish Office to make visit requests.

SACRAMENT OF MARRIAGE Arrangements must be made AT LEAST SIX (6) MONTHS in advance of the proposed date and prior to the social arrangements. At least one partner in the couple must be a registered member of the Church for at least 6 months.

CONSULTATION OF PRIESTS
STM – Tue 6.30 PM – 8:00 PM, Wed & Thu, 6:30 AM- 7:30 AM
SJF – Mon/Wed, 5:00 PM

Contact the Priest (s) directly for emergencies

CHURCH OFFICE HOURS
Tues–Friday, 9 am to 1 pm & 2 pm to 5 pm
Sundays 9 am -1.30 pm

SPECIAL MINISTRIES
Catechists - **0244505356**

Missionary Animators-
0205860277/0540911949

Knights & Ladies of the altar-
0246231722/0555734484

Lectors – **0242743399**

Marriage & family life

Ushers – **0245295099**

Eucharistic Ministers - **0506444693**

**PRAYER FOR GOD'S INTERVENTION
IN OUR LAND CASE**

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We

thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

We humbly beseech you to help us win back our Land in this dispute.

Save us from violence, discord, and confusion, and the evil plans of our adversaries.

For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

May your Mother Mary intercede for us, and may the Archangel Michael defend us in battle. We make our prayer through Christ our Lord and Redeemer.

Amen.

St. Thomas More..... Pray for us
St. John Fisher..... Pray for us
All you Angels and Saints ...Pray for us

95TH ANNIVERSARY PRAYER

Heavenly Father,
We thank you for the gift of our parish, for 95 years of faith, grace, and blessings.

As we journey towards our Centenary, help us to remain rooted in Christ, firm in faith, steadfast in hope, and active in love and service.

Renew in us, O Lord, a deeper commitment to our Catholic faith.

Revive in our hearts the zeal to serve, the courage to witness, and the openness to respond to your call.

Bless our families, strengthen our communities, and inspire many vocations to the priesthood, religious life, and holy Christian living.

Through the intercession of our patron saints, St. Thomas More and St. John Fisher, grant us the grace to remain faithful, even in times of trial, and to be true witnesses of your truth and love. May this anniversary be for us a time of renewal, unity, and mission, as we prepare joyfully for the next century

We make this prayer through Christ our Lord. **Amen**

Weekly Readings

Monday (01/06/2026) St. Justin, mt M	2 Pt 1:2-7 / Ps 91:1-2, 14-15b, 15c-16 / Mk 12:1-12
Tuesday (02/06/2026)	2 Pt 3:12-15a, 17-18 / Ps 90:2,3-4,10,14 & 16 / Mk 12:13-17
Wednesday (03/06/2026) St. Charles Lwanga & Co., ms M	2 Tm 1:1-3,6-12 / Ps 123:1b-2ab,2cdef / Mk 12:18-27
Thursday (04/06/2026)	2 Tm 2:8-15 / Ps 25:4-5ab,8-9,10 & 14 / Mk 12:28-34
Friday (05/06/2026) St. Boniface, bp, mt M	2 Tm 3:10-17 / Ps 119:157,160,161,165,166,168 / Mk 12:35-37
Saturday (06/06/2026)	2 Tm 4:1-8 / Ps 71:8-9,14-15ab, 16-17, 22 / Mk 12:38-44
READINGS FOR NEXT SUNDAY (THE BODY AND BLOOD OF CHRIST)	Dt 8:2-3,14b-16a / Ps 147:12-13,14-15,19-20 / 1 Cor 10:16-17 / Jn 6:51-58

FINANCE CORNER



ST. THOMAS MORE

STM – May									
WEEK DAYS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	TOTAL	RANKS	Breakdown Of Last Sunday's Collection	
Sun.	1980.80	-	20.00	-				MAIN COLLECTION	3603.70
Mon.	2834.00	580.00	100.00	-				SECOND COLLECTION	2612.50
Tue.	1568.00	-	600.00	600.00				THANKSGIVING	985.00
Wed.	1221.00	-	-	-				TITHE	-
Thur.	3136.00	-	430.00	85.00				OFFERTORY ENVE.	760.00
Fri.	808.00	50.00	300.00	300.00					
Sat.	1277.00	-	-	-					
May.	266.00	-	-	-					
Total	13090.80	630.00	1450.00	985.00				TOTAL	7961.20

ST. JOHN FISHER

SJF – May									
WEEK DAYS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	TOTAL	RANKS	Breakdown Of Last Sunday's Collection	
Sun.	2511.00	-	150.00	5.00				MAIN COLLECTION	10576.00
Mon.	5229.20	-	-	1200.00				SECOND COLLECTION	5967.50
Tue.	2677.00	-	-	210.00				THANKSGIVING	1425.00
Wed.	2470.50	-	25.00	-				TITHE	-
Thur.	3133.00	-	-	-				OFFERTORY ENVE.	4300.00
Fri.	5430.50	-	70.00	10.00					
Sat.	4098.50	-	2200.00	-					
May.	334.00	-	-	-					
Total	25883.70	-	2445.00	1425.00				TOTAL	22268.50

THANK YOU FOR ALL YOUR GENEROUS CONTRIBUTIONS.