



# SS. THOMAS MORE AND JOHN FISHER CATHOLIC CHURCH, ACHIMOTA.

P.O. BOX AH 283, Achimota-Accra

Website: [www.thomasmorejohnfisher.com](http://www.thomasmorejohnfisher.com)

Email: [besohwe@yahoo.com](mailto:besohwe@yahoo.com)

## WEEKLY NEWSLETTER

4TH AUGUST, 2024: EIGHTEENTH SUNDAY IN ORDINARY TIME, YEAR B

THEME FOR THE WEEK: **“SEEK THINGS THAT GIVE ETERNAL LIFE.”**

Rev. Fr. George Obeng Appah (*Parish Priest*) 020-8592020  
Rev. Fr. Clement Quagraine (Assistant Priest) 024-8329194

St. Thomas More Catholic Church - 030-3931800  
SS. Thomas More and John Fisher Catholic Church - 030-3939862/  
030-2436199

### TODAY'S READINGS

**First Reading:** Ex 16:2-4, 12-15: The Lord feeds the Israelites with manna.

**Responsorial Psalm:** Ps 78:3-4, 23-24, 25, 54

**THE LORD GAVE THEM BREAD FROM HEAVEN.**

**Second Reading:** Eph 4:17, 20-24: Christians become a new creation in Christ.

**Gospel Reading:** Jn 6:24-35: Jesus teaches the crowds that he is the “bread of life.”

### REFLECTION

Beloved in Christ, Our daily bread and the physical needs we seek from God are undoubtedly important for our well-being. However, focusing solely on them does not lead to our eternal salvation. Instead, it is our unyielding faith in God and belief in His Son, whom He has sent, that enable us to attain eternal life. This is why Jesus cautioned the crowd not to seek him merely because he had fed them with loaves that would perish, but to seek the food that endures to eternal life, which the Son of Man would give them, for God has placed His seal upon him. Therefore, we must ask ourselves: What do we prioritize before God? Do we only present our physical needs, or do we also bring before Him our spiritual needs, which, when continually nourished, do not fade? Just as Jesus taught the crowds, "He who comes to me will not hunger, and he who believes in me will not thirst." Our commitment to growing our faith will lead us to eternal life.

### WEEKLY READINGS

<b>Mon 5<sup>TH</sup> AUGUST, 2024</b> <b>The Dedication of the Basilica of St. Mary Major in Rome</b> Jer 28:1-17 Ps 119:29,43,79-80,95,102 Mt 14:13-21	<b>Tue 6<sup>TH</sup> AUGUST, 2024</b> <b>Transfiguration of the Lord (F)</b> Dan 7:9-10,13-14 Ps 97:1-2,5-6,9 2Pt 1:16-19 Mk 9:2-10
<b>Wed 7<sup>TH</sup> AUGUST, 2024</b> Jer 31:1-7 Ps Jer 31:10-13 Mt 15:21-28	<b>Thurs 8<sup>TH</sup> AUGUST, 2024</b> <b>St. Dominic (M)</b> Jer 31:31-34 Ps 51:12-15,18-19 Mt 16:13-23
<b>Fri 9<sup>TH</sup> AUGUST, 2024</b> <b>St. Teresa Benedicta of the Cross</b> Nah 2:1,3;3:1-3,6-7 Ps Deut 32:35-36,39,41 Mt 16:24-28	<b>Sat 10<sup>TH</sup> AUGUST, 2024</b> <b>St. Lawrence (F)</b> 2Cor 9:6-10 Ps 112:1-2,5-9 Jn 12:24-26

#### Readings for Next Sunday

<b>First Reading</b>	1Kgs 19:4-8
<b>Responsorial Psalm</b>	Ps 34:2-3, 4-5, 6-7,8-9
<b>Second Reading</b>	Eph 4:30-5:2
<b>Gospel</b>	Jn 6:41-51

#### Mass Schedule for Next Sunday

<i>St. Thomas More</i>	<i>St. John Fisher</i>
<b>First Mass: 7.00 am</b>	<b>First Mass: 6.30 am</b>
<b>Second Mass: 9.30 am</b>	<b>Second Mass: 9.30 am</b>



## KNOW MORE ABOUT YOUR FAITH

### WHY DO CATHOLICS LEAVE JESUS CRUCIFIED ON THE CROSS IN CATHOLIC CHURCHES WHEN JESUS IS RISEN?

Have you ever wondered why the Catholic Church uses a crucifix as a symbol as opposed to other Christian churches that use an empty cross? It is common to hear from those outside the Church that He is risen, but we “leave Him hanging there” or that the crucifix reduces the power of the Resurrection. Also, the crucifix is often thought of as gruesome or morbid. These misconceptions are due to a lack of understanding of what the crucifix actually means to us as Catholics.

Jesus is not “left on the cross” but rather his saving love is displayed. Jesus died for our sins out of love is the central message of a crucifix. The centrality of this to the mission of Jesus on earth is mentioned several times in the New Testament:

For Jews demand signs and Greeks look for wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles. . . (1 Cor. 1:23)

And just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life.” For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn. 3:14-16)

Then he took the bread, said the blessing, broke it, and gave it to them, saying, “This is my body, which will be given for you; do this in memory of me.” And likewise the cup after they had eaten, saying, “This cup is the new covenant in my blood, which will be shed for you. (Lk. 22:19-20)

God could have chosen any method for the redemption of humanity. In his desire that humanity should know the depravity of sin and the depths of God’s love he chose to die on the cross. Displaying a crucifix does not in any way deny the resurrection of Jesus. After all, do faith communities that display only a cross want to downplay the sufferings of Jesus? Of course not, it is just a different preference of emphasis. In the Catholic Church the crucifix has been the traditional sign and statement of our faith in God’s love and mercy. It reminds us that Jesus never promised his followers an easy life (Matt. 16:24) but that if we join our sufferings to his, we too we ultimately triumph as he did.

There is, or should be, a large crucifix in every Catholic Church in a central location over the altar. When you have a proper understanding of the Mass – that it is a re-presentation of the sacrifice Jesus made on Calvary – then it makes sense that we have a powerful visual reminder of what is taking place. When the priest raises the Blessed Sacrament and says “This is my body...” we, in the pews, can actually see Christ’s body. Then when he raises the chalice and says, “This is my blood...” we can see His blood. The Catholic Church emphasizes art and imagery because it helps stir the imagination and assist in elevating the heart and soul to the truths the images contain. So, during the consecration of the Eucharist, we can look at the crucifix to inspire our hearts and minds to see the reality of what is taking place on the altar at that moment. At Corpus Christi and many other parishes, there is a crucifix on the altar facing the priest. This serves as a visual aid for the priest so that he may also engage his faculties in the realities that are taking place through his hands. The Mass is a sacrifice and the crucifix is a representation of that sacrifice. Also, consider that upon entering a Catholic Church, Jesus is stretching His arms wide to welcome you into this holy place.

To be Continued...

## PRAYER FOR GOD’S INTERVENTION IN OUR

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

We humbly beseech you to help us win back our Land in this dispute. Save us from violence, discord and confusion and the evil plans of our adversaries.

For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

May your Mother Mary intercede for us and may the Archangel Michael defend us in battle. We make our payer through Christ our Lord and Redeemer. Amen.

St. Thomas More..... Pray for us  
St. John Fisher..... Pray for us  
All you Angels and Saints ..... Pray for us

## ORDINARY TIME II, YEAR B



**18<sup>th</sup> SUNDAY  
IN ORDINARY TIME**

### ASSUMPTION PROGRAM AT PARISH LEVEL

DATE	ACTIVITIES	GROUPS TO LEAD ROSARY PRAYERS	VENUE	TIME
Tues. 6th August	Rosary, Mass & Novena	Young Christian Workers	SJF	6:30pm
Wed. 7th August	Rosary, Novena Talk on the assumption	Christian Mothers	SJF	6:30pm
Thurs. 8th August	Rosary, Novena Talk on the assumption	Legion of Mary	SJF	6:30pm
Fri. 9th August	Rosary, Novena Talk on the assumption	St. Theresa of the Child Jesus	SJF	6:30pm
Sat. 10th August	Penitential procession to kpehe. Confession, counselling and Grotto Mass	Deanery	St. Francis Xavier	2:30pm
Sun. 11th August	Adoration	Parish Youth Council	SJF	4:00pm



How to make all church statutory payments through MTN momo  
**Ss Thomas more & John Fisher**  
**059 585 0922**

Dial \*170#  
 Select Option 2  
 Select Option 1  
 Enter Merchant ID: **247834**  
 Enter Amt  
 Enter Reference: eg. *Dues*  
 Enter your Momo pin  
 Send



## MOTIVATION

### WORRYING ABOUT NOTHING

One woman said to her doctor. If I went anywhere, I would tell myself after leaving the house.

- Maybe I forgot to turn off the power
- Maybe the house caught on fire
- Perhaps the children went out with their bicycles to the street and were over by a car!

Therefore, I always get worried and I hurry back to my house to make sure that nothing has happened, and nothing happens.

**Moral:** *Worry steals the joy of life, let go of the empty worries.*

## YOUTH CORNER

### ANNOUNCEMENT! ANNOUNCEMENT!!

1. Are you a JHS leaver? Or do you know someone who is a JHS leaver? Then invite them to this year's, After School What Next program organized by the PYC. We will be talking about everything you need to know before you take on the next level of your education. The program comes off on the **18th of August, 2024** at **SJF**. The dress code theme for everyone is "**Rep your school**". Don't miss this important learning opportunity.
2. The PYC would like to remind all the youth that registration for the **Tso Midzo trip** is still ongoing. Register using the code on the flyer, registration link, or by seeing the reps outside. **The deadline for registration and payment is 8th September 2024.**

## ANNOUNCEMENTS

- We are reminded and encouraged to pay our Harvest levy of GH¢100 per Adult, GH¢50 per working Youth and GH¢20 per child. Those in arrears of Harvest Levy, and pledges are entreated to redeem them. Those who have pledged for the Legacy of Hope Project are also reminded and entreated to redeem them and also fulfill all other Church Financial Obligations. (e.g., Church Dues, Welfare Dues and Building Fund).
- The St. Vincent de Paul Society would like to remind the Knights & Ladies of St. John International of their visits to Kissehman Group B this month & Knights and Ladies of Marshall to Kissehman Group A in August.
- The STM Co-operative Credit Union has paid interest on Saving Account for the 1<sup>st</sup> and 2<sup>nd</sup> quarter of the year 2024. Members are to submit their passbooks to be updated. New members are encouraged to join the Happy Family.
- Marriage Banns: 1<sup>ST</sup>** Publication between Elikem Adisenu-Doe (Son of William Adisenu-Doe Catherine Esinam Adisenu-Doe) and Winifred Elsie Esiman (Daughter of Winfred Kwaku Tse and Seraphine Tse). In case of any impediment kindly inform the Parish Priest as soon as possible.
- Meetings**
  - ❖ **TODAY**
    - Northern Union after the 7.00 am Mass at STM.
    - St. Theresa of the Child Jesus after the 7.00 am Mass at STM.
    - St. Theresa of the Child Jesus after the 7.00 am Mass at STM.
    - St. Francis of Assisi after the 9.30 am Mass at SJF.
  - ❖ **NEXT WEEK**  
Ave Maria Society after the 7.00 am Mass at STM.
- 6. Offertory for Next Sunday**
  - **STM:** 7.00 am Mass: Christian Village Community. 9.30 am Mass: All Parishioners.
  - **SJF:** 6.30 am Mass: All Parishioners. 9.30 am Mass: Lectors.
- 7. Funeral Arrangement**  
The Funeral Arrangement of the Late Mr. Daniel Kwame Dzigbede, he was a member of the Achimota Town Community and husband of Mrs. Joyce Dzigbede of the Main Choir is as follows:
  - **Friday 9<sup>th</sup> August, 2024:** Reception of body and Laid in State at the Family house at Anfoega Adame at 4.00 pm
  - **Saturday 10<sup>th</sup> August, 2024:** Burial Mass at SS. Peter & Paul Roman Catholic Church, Anfoega Akukome, Volta Region 9.30 am. Final Funeral Rites immediately after Burial.
  - **Sunday 11<sup>th</sup> August, 2024:** Thanksgiving Service at the SS. Peter & Paul Roman Catholic Church, Anfoega Akukome, Volta Region at 7.30 am.

## PASTORAL CARE

**Sacrament of Confession:** Every Saturday from 5.00pm at SJF and from 6.30pm at STM.

**Sacrament of Baptism of Infants:** *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm @ STM.*

**Visitation to the Sick and Aged:** *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

**Sacrament of Marriage:** Arrangements must be made at least six months to a year with the priests. The couple or one of them must be a registered member of the Church for at least 6 months.

**Consultation of Priests: (STM)** Monday, Tuesday and Thursday (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF) Wednesdays at 5:00pm.** In case of an emergency, call on the Priest.

**CHURCH OFFICE HOURS: Monday to Thursday: 9am -1pm & 2 pm - 5pm: and Sunday: 9 am - 1.30pm**

**SLOGAN: Ss. Thomas More & John Fisher: Besohwɛ!**  
**Ss. Thomas More & John Fisher: Justice and Truth!!**  
**Ss. Thomas More & John Fisher: Pray for us!**

**THANKS FOR WORSHIPPING WITH US.**  
**HAVE A BLESSED WEEK.**

## FINANCE CORNER - ST. THOMAS MORE

WEEKDAYS	STM JULY WEEK1	STM JULY WEEK2	STM JULY WEEK3	STM JULY WEEK4	GRAND TOTAL	POSITIONS
SUNDAY	1760.50	-----	750.00	-----	2510.50	<b>1<sup>ST</sup></b>
MONDAY	1062.50	80.00	40.00	40.00	1222.50	<b>6<sup>TH</sup></b>
TUESDAY	1262.50	500.00	-----	-----	1762.50	<b>3<sup>RD</sup></b>
WEDNESDAY	1799.00	15.00	50.00	-----	1864.00	<b>2<sup>ND</sup></b>
THURSDAY	656.00	1050.00	-----	-----	1706.00	<b>4<sup>TH</sup></b>
FRIDAY	921.00	100.00	-----	50.00	1071.00	<b>7<sup>TH</sup></b>
SATURDAY	1153.00	90.00	150.00	-----	1393.00	<b>5<sup>TH</sup></b>
JULY BORN	159.80	-----	-----	-----	159.80	
<b>TOTAL</b>	<b>8774.30</b>	<b>1835.00</b>	<b>990.00</b>	<b>90.00</b>	<b>11689.30</b>	

Details of Last Sunday's Collections

SUNDAY	STM JULY WEEK4
MAIN COLLECTION	2653.65
SECOND COLLECTION	1515.46
TITHE	420.00
OFFERTORY ENVELOPES	1450.00
<b>TOTAL</b>	<b>6039.11</b>



# FINANCE CORNER - ST. JOHN FISHER

WEEKDAYS	SJF JULY WEEK1	SJF JULY WEEK2	SJF JULY WEEK3	SJF JULY WEEK4	GRAND TOTAL	POSITIONS
SUNDAY	2124.50	-----	10.00	10.00	2144.50	<b>4TH</b>
MONDAY	2682.00+\$5	1000.00	100.00	-----	3858.95	<b>2ND</b>
TUESDAY	584.50	100.00	-----	-----	684.50	<b>7TH</b>
WEDNESDAY	2176.50 + PLN100	-----	5.00	205.00	2763.20	<b>3RD</b>
THURSDAY	1906.90	-----	-----	-----	1906.90	<b>5TH</b>
FRIDAY	1410.50 +\$1	-----	-----	-----	1425.89	<b>6TH</b>
SATURDAY	2105.40	1055.00	-----	1200.00	4360.40	<b>1ST</b>
JULY BORN	440.00	-----	-----	-----	440.00	

## Details of Last Sunday's Collections

SUNDAY	SJF JULY WEEK4
MAIN COLLECTION	4678.40
SECOND COLLECTION	3084.10
OFFERTORY ENVELOPES	50.00
<b>TOTAL</b>	<b>7812.50</b>

**ALL FOREIGN CURRENCIES HAVE BEEN CONVERTED INTO CEDIS.**

**THANK YOU FOR ALL YOUR GENEROUS CONTRIBUTIONS IN THE MONTH OF JULY.**

**CATHOLIC ARCHDIOCESE OF ACCRA**

**ASSUMPTION**

THEME: "We Wish to see Jesus, the Son of Mary" (cf. John 12:21)

MON. 12TH - THUR. 15TH AUGUST, 2024

4:00PM Each Day

**PRE-PROGRAMME**

- Novena of ASSUMPTION at the Parishes and stations (8th-15th August)
- Deanery Penitential Procession (10th August)
- Parish Adoration - (14th August)

**SELECTED GROTTO**

- Christ the King Catholic Church, Cantonments
- St. Joseph the Worker Catholic Church, Tema CB
- St. Mary's Catholic Church, Koludor
- St. Margaret Mary Catholic Church, Dansoman
- Our Lady of Assumption Catholic Church, Achimota
- St. John the Evangelist Catholic Church, Adenta

Note the following:  
 • There will be NO evening Masses at any parish or station from 12th - 15th August, 2024.  
 • It is the first of its kind in the Archdiocese so be part of the history and be blessed.

**CATHOLIC ARCHDIOCESE OF ACCRA**

**PRIESTLY ORDINATION 2024**

SAT. 24TH AUGUST | 9:30AM

ST. BAKHITA PARISH, COMMUNITY 20, TEMA

ORDAINING PRELATE  
 HIS EMINENCE PETER CARDINAL  
 KODWO APPIAH TURKSON

POST REVEREND FATHER KODWO OSSA  
 KWOBE, CSS

TC LIVE

**CATHOLIC ARCHDIOCESE OF ACCRA**

YOU ARE INVITED TO MY

**PRIESTLY ORDINATION**

Rev. Wisdom Kwabena ASARE

"The love of Christ urges us on"  
 - 2 Corinthians 5:14a

SATURDAY 24TH AUGUST 2024

09:30AM PROMPT

ST. BAKHITA PARISH COMMUNITY 20, LASHIBI - TEMA

THANKSGIVING MASS  
 Ss. Thomas More & John Fisher Parish, Achimota  
 Sunday, 25th August, 2024  
 9:00 am

TC LIVE