



# SS. THOMAS MORE AND JOHN FISHER CATHOLIC CHURCH, ACHIMOTA.

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## WEEKLY NEWSLETTER

**2ND JUNE, 2024: SOLEMNITY OF THE MOST HOLY BODY & BLOOD OF CHRIST SUNDAY, YEAR B**

**THEME FOR THE WEEK: "THE HOLY EUCHARIST, THE SOURCE AND SUMMIT OF THE CHURCH'S FAITH."**

Rev. Fr. George Obeng Appah (*Parish Priest*) 020-8592020  
Rev. Fr. Clement Quagraine (Assistant Priest) 024-8329194

St. Thomas More Catholic Church - 030-3931800  
SS. Thomas More and John Fisher Catholic Church - 030-3939862/  
030-2436199

### TODAY'S READINGS

**First Reading:** Ex 24:3-8: God establishes a covenant with His people.

**Responsorial Psalm:** Ps 116:12-13,15,16bc,17-18

**THE CUP OF SALVATION I WILL RAISE.**

**Second Reading:** Heb 9:11-15: Christ is the mediator of the new covenant.

**Gospel Reading:** Mk 14:12-16,22-26: Jesus shares his Last Supper with his disciples.

### REFLECTION

The Solemnity of Corpus Christi reminds us of Christ's real presence—His body, blood, soul, and divinity—in the Holy Eucharist. It also emphasises that Christ is always present in His Church, especially during her liturgical celebrations. He is present in the sacrifice of the Mass, not only through the person of His minister, "the same now offering, through the ministry of priests, who formerly offered himself on the cross," but especially under the Eucharistic species (S.C. no. 7).

Our teachings remind us that Christ is with the Church, particularly in the Most Holy Eucharist. Therefore, we must have a deep faith in the Eucharist and adore it whenever we have the privilege of such an encounter, for it is the source and summit of our Christian life. Let us pray that through our daily participation in and reception of the Holy Eucharist, we may always be nourished by this precious gift that Christ freely entrusted to His disciples at the Passover, of which we are now all beneficiaries

### WEEKLY READINGS

<b>Mon 3<sup>RD</sup> JUNE, 2024</b> <b>St. Charles Lwanga &amp; Comp...</b> 2Pt 1:2-7 Ps 91:1-2,14-15b,15c-16 Mk 12:1-12	<b>Tue 4<sup>TH</sup> JUNE, 2024</b> 2Pt 3:12-15a,17-18 Ps 90:2,3-4,10,14 & 16 Mk 12:13-17
<b>Wed 5<sup>TH</sup> JUNE, 2024</b> <b>St. Boniface, Bishop &amp; Martyr</b> 2Tim 1:1-3,6-12 Ps 123:1b-2ab,2cdef Mk 12:18-27	<b>Thurs 6<sup>TH</sup> JUNE, 2024</b> 2Tim 2:8-15 Ps 25:4-5ab,8-9,10 & 14 Mk 12:28-34
<b>Fri 7<sup>TH</sup> JUNE, 2024</b> <b>The Most Sacred Heart of Jesus</b> Hos 11:1,3-4,8c-9 Ps 12:2-3,4,5-6 Eph 3:8-12,14-19 Ps 12:2-6 Jn 19:31-37	<b>Sat 8<sup>TH</sup> JUNE, 2024</b> <b>Immaculate Heart of the BVM</b> 2Tim 4:1-8 Ps 71:8-9,14-15ab,16-17,22 Lk 2:41-51

#### Readings for Next Sunday

<b>First Reading</b>	Gen 3:9-15
<b>Responsorial Psalm</b>	Ps 130:1-2,3-4,5-6,7-8
<b>Second Reading</b>	2Cor 4:13—5:1
<b>Gospel</b>	Mk 3:20-35

#### Mass Schedule for Next Sunday

<i>St. Thomas More</i>	<i>St. John Fisher</i>
<b>First Mass: 7:00 am</b>	<b>First Mass: 6:30 am</b>
<b>Second Mass: 9:30 am</b>	<b>Second Mass: 9:30 am</b>



## KNOW MORE ABOUT YOUR FAITH

### The Altar is a Place of Sacrifice - By Denis R. McNamara

Any altar, by definition, is a structure on which sacrifice is offered. *Sacrosanctum Concilium* repeatedly speaks of the Mass as a sacrifice, noting that at the Last Supper, Christ instituted “the Eucharistic sacrifice of His Body and Blood” in order to “perpetuate the sacrifice of the cross through the centuries” (47). The very same sacrifice that Christ offered to the Father on the cross was instituted “in the form of a sacrificial banquet.”<sup>12</sup> The Christian altar, then, is fundamentally different from other altars through history because it is not simply a dedicated table upon which gifts are offered to a god. It is Christ present among his people, who then receive the sacrifice that he offers “on” his very person. This sacrificial quality is further expressed by the inclusion of relics under the altar. Traditional explanations claim that the liturgy was celebrated upon the tombs of martyrs in the catacombs of early Christian Rome. Today’s liturgical instructions, however, give primacy to the altar as the object which renders honor to the burial place of martyrs, and so the presence of relics indicates not the sacrifice of the martyrs alone, but more precisely their share in the sacrifice of Christ. *The Order of the Dedication of an Altar* notes that it is fitting for saints’ relics to be placed under altars so that “the triumphant victims come to their rest in the place where Christ is victim” (5).

In designing a new altar, its sacrificial character should be expressed. One of the most effective ways to accomplish this is to make the “Mensa” out of stone of significant thickness, perhaps three inches or more. A colorful stone given a high polish will indicate a glorified altar, one that has taken on gem-like qualities that signify heavenly conditions (Rv 21:19). Relics are no longer placed in the “Mensa” itself as they once were, where a piece was removed from the top slab to insert the relics. According to today’s liturgical instructions, relics are placed underneath rather than within the altar slab itself. This preserves the integrity of the “Mensa” as an image of Christ, and reinforces the place of relics *under*, and not in, the altar. In this way, the sign value of the altar as an image of the martyrs participating in Christ’s own sacrifice becomes clear, helping the signs lead to revelation of the mysteries.

## PRAYER FOR GOD’S INTERVENTION IN OUR

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

We humbly beseech you to help us win back our Land in this dispute. Save us from violence, discord and confusion and the evil plans of our adversaries.

For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

May your Mother Mary intercede for us and may the Archangel Michael defend us in battle. We make our payer through Christ our Lord and Redeemer. Amen.

- |                                 |             |
|---------------------------------|-------------|
| St. Thomas More.....            | Pray for us |
| St. John Fisher.....            | Pray for us |
| All you Angels and Saints ..... | Pray for us |

## HAPPY SOLEMNITY

### Corpus Christi Sunday

Jesus, Body and Blood,  
we are grateful for the gift  
of your life  
and the way it strengthens us  
to live ours.  
Teach us to draw on the gift  
of your Body and Blood  
for energy, renewal,  
strength and grace.  
May we never take the gift  
of your presence for granted.  
Amen.





CATHOLIC ARCHDIOCESE OF ACCRA  
YOUTH OFFICE + AADCYC



### Present & Connected Youth Congress 2024 - Prayer

Our compassionate and loving Father, we express gratitude for the Catholic Archdiocese of Accra, its Shepherd, Priests, and faithful, especially the youth. As we gather for the youth congress, "Present & Connected 2024," we humbly invite the Holy Spirit to ignite a passionate zeal within us for serving You.

Grant us the fervour to deepen our faith through meaningful dialogue with Church leaders. Fill our hearts with love, fostering unity within our community, and strengthening our devotion to Jesus Christ and His Church. Help us recognize ourselves as living gifts and actively participate in the Church's mission today.

Guide us, Lord Jesus, to fully engage and serve joyfully, inspiring us to embody the Church's mission by reaching out in love and service to those around us, reflecting Your face through our actions and words.

Empower us to be the hands, hearts, and voice of Your mission, enriching our communities and reflecting Your light and love in all we do. May this congress be a continual journey towards You, strengthening our unity and renewing our commitment to the vibrant and ongoing mission of the Church. Amen.

Immaculate Heart of Mary, pray for us. St. Martin De Porres, pray for us. St. Peter Claver, pray for us. St. John Bosco, pray for us.

present  
Connected



JUNE 2024



How to make all church statutory payments through MTN momo

**Ss Thomas more & John Fisher**

**059 585 0922**

Dial \*170#

Select Option 2

Select Option 1

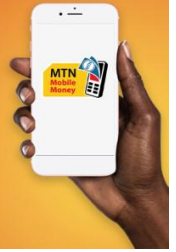
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## MOTIVATION

### A STORY ABOUT THE POWER OF WORD.

*Stanton, one of Abraham Lincoln's ministers, wrote a report in which he described President Lincoln as an ignorant, foolish man. When Lincoln knew about that, he said that his minister Stanton was a reasonable man, and if he said I was ignorant, it is better for me to check my knowledge.*

**Moral:** *The kind word comforts the soul and makes the heart happy.*

## YOUTH CORNER

### KPEHE DEANERY LITERACY CHALLENGE!

Are you between the ages of 10 and 15 years? Here's an opportunity to showcase your creative writing skills in the Kpehe Deanery Essay writing competition.

Topic: "As this year has been declared the year of children, write an essay with five (5) points on how you think the church can help children seek Christ in this modern era".

- Your essay should be 250 words long
- Script must be handwritten
- Script must be endorsed by Parent/ Guardian and your Parish Priest or Priest in charge.
- Add your full contact details
- All essays must be submitted to your PYC executives on or before Sunday, June 23, 2024. Don't miss out!

## ANNOUNCEMENTS

We are reminded and encouraged to pay our Harvest levy of GH¢100 per Adult, GH¢50 per working Youth and GH¢20 per child. Those in arrears of Harvest Levy, and pledges are entreated to redeem them and also fulfill all other Church Financial Obligations. (e.g., Church Dues, Welfare Dues and Building Fund). Those who have pledged for the Legacy of Hope Project are also reminded and entreated to redeem them.

**The Sunday School teachers of STM and SJF are inviting individuals who are interested in child training to join them. If you are interested, please contact the Church secretaries.**

### Funeral Arrangements:

The Funeral Details of the Late **Mad. Elizabeth Atsupui Atiso** of the Christian Village Community is as follows:

- i. **Saturday 8<sup>th</sup> June, 2024:** Laying in state from 6.am – 7.45 am and Burial Mass at 8.00 am at St. Thomas More catholic Church. Dress code: Black
- ii. **Sunday 9<sup>th</sup> June, 2024:** Thanksgiving Mass at 7.00 am at STM. **Dress Code:** Black & White.

The Funeral Details of the Late **Mr. Leslie Kwabena Nyarko Gyimah**, son of Mr. & Mrs. Gyimah is as follows:

- i. **Friday 14<sup>th</sup> June, 2024:** Viewing of Body at 8.00 am and Burial Mass at 9.00 am at Christ the King Parish, Cantonment, Accra. **Final Funeral Rites** at the Christ the King Parish, Cantonment, Accra. **Dress Code:** Black & White.
- ii. **Sunday 16<sup>th</sup> June, 2024:** Thanksgiving Mass at 10.00 am at Christ the King Parish, Cantonment, Accra. **Dress Code:** Black & White.

The Funeral Details of the Late **Mr. John Ekow Banafu-Hackman** of the KSII is as follows:

- i. **Saturday 15<sup>th</sup> June, 2024:** Laying in state at 7.00 am and Burial Mass at 8.00am at SS. Thomas More & John Fisher Catholic Church, New Achimota. **Final Funeral Rites** at the Fisher Garden. **Dress code:** Black & White.
- ii. **Sunday 16<sup>th</sup> June, 2024:** Thanksgiving Mass at SS. Thomas More & John Fisher Catholic Church, New Achimota at 9.30 am. **Dress Code:** All White.

The Funeral Details of the Late **Mad. Veronica Abia Dzisenu (Cofie)** of the Kissehman Community is as follows:

- i. **Friday 28<sup>th</sup> June, 2024:** Family Gathering at Kissehman Asco's House.
- ii. **Saturday 29<sup>th</sup> June, 2024:** Burial Mass at St. Thomas More Catholic Church, Achimota at 8.00 am. Dress Code: Black & White.
- iii. **Sunday 30<sup>th</sup> June, 2024:** Thanksgiving Mass at St. Thomas More Catholic Church, Achimota at 7.00 am. Dress Code: All White.

## PASTORAL CARE

**Sacrament of Confession:** Every Saturday from 5.00pm at SJF and from 6.30pm at STM.

**Sacrament of Baptism of Infants:** *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm @ STM.*

**Visitation to the Sick and Aged:** *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

**Sacrament of Marriage:** Arrangements must be made ***at least six months to a year*** with the priests. The couple or one of them must be a registered member of the Church for ***at least 6 months.***

**Consultation of Priests: (STM)** Monday, Tuesday and Thursday (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF) Wednesdays at 5:00pm.** In case of an emergency, call on the Priest.

**CHURCH OFFICE HOURS: Monday to Thursday: 9am -1pm & 2 pm - 5pm: and Sunday: 9 am - 1.30pm**

**SLOGAN: Ss. Thomas More & John Fisher: Besohwɛ!  
Ss. Thomas More & John Fisher: Justice and Truth!!  
Ss. Thomas More & John Fisher: Pray for us!**

**THANKS FOR WORSHIPPING  
WITH US.  
HAVE A BLESSED WEEK.**

## FINANCE CORNER - ST. THOMAS MORE

WEEKDAYS	STM MAY WEEK1	STM MAY WEEK2	STM MAY WEEK3	STM MAY WEEK4	GRAND TOTAL	POSITIONS
SUNDAY	1317.00	-----	-----	-----	1317.00	<b>3RD</b>
MONDAY	1111.00	-----	130.00	-----	1241.00	<b>4TH</b>
TUESDAY	1600.30	-----	220.00	-----	1820.30	<b>2ND</b>
WEDNESDAY	1966.00	-----	520.00	-----	2486.00	<b>1ST</b>
THURSDAY	964.20	-----	-----	-----	964.20	<b>7TH</b>
FRIDAY	1123.00	40.00	-----	-----	1163.00	<b>6TH</b>
SATURDAY	851.50	-----	200.00	120.00	1171.50	<b>5TH</b>
MAY BORNES	267.00	-----	-----	-----	267.00	
<b>TOTAL</b>	<b>9200.00</b>	<b>40.00</b>	<b>1070.00</b>	<b>120.00</b>	<b>10430.00</b>	

### Details of Last Sunday's Collections

SUNDAY	STM MAY WEEK4
MAIN COLLECTION	2322.30
SECOND COLLECTION	1672.10
OFFERTORY ENVELOPES	900.00
<b>TOTAL</b>	<b>4894.40</b>

# FINANCE CORNER - ST. JOHN FISHER

WEEKDAYS	SJF MAY WEEK1	SJF MAY WEEK2	SJF MAY WEEK3	SJF MAY WEEK4	GRAND TOTAL	POSITIONS
SUNDAY	1970.50	-----	40.00	200.00	2210.50	6TH
MONDAY	2444.10	850.00	50.00	20.00	3364.10	2ND
TUESDAY	1982.80	-----	150.00	-----	2132.80	7TH
WEDNESDAY	2827.00	100.00	5.00	-----	2932.00	4TH
THURSDAY	3084.00	50.00	100.00	100.00	3334.00	3RD
FRIDAY	7528.00	-----	100.00	550.00	8178.00	1ST
SATURDAY	2354.00	-----	100.00	-----	2454.00	5TH
MAY. BORNS	751.00	-----	-----	-----	751.00	
<b>TOTAL</b>	<b>22941.40</b>	<b>1000.00</b>	<b>545.00</b>	<b>870.00</b>	<b>25356.40</b>	

## Details of Last Sunday's Collections

SUNDAY	SJF MAY WEEK4
MAIN COLLECTION	4217.20
SECOND COLLECTION	3019.40
OFFERTORY ENVELOPES	900.00
<b>TOTAL</b>	<b>8136,60</b>

THANK YOU FOR ALL YOUR GENEROUS CONTRIBUTIONS IN THE MONTH OF MAY.



CATHOLIC ARCHDIOCESE OF ACCRA  
YOUTH OFFICE + AADCYC



**YOUTH CONGRESS**  
26th - 29th June, 2024

### Why a Youth Congress?

To cultivate an active and collaborative youth ministry.

Give youth opportunities to explore and deepen faith, engage in meaningful dialogue with Church leadership

Foster community, a relationship with Jesus Christ and His Church.

### What does it mean to be Present & Connected?

*The Youth are Present Available, Gift & Today*

*The Youth are Connected In Christ, our communities and our shared Catholic faith*

### How do I participate?

Be part of the local/parish dialogue sessions.

Be present and actively participate in the grand durbar.

Promote on social media @rcyouthaccra

### Roadmap

LAUNCH - APRIL, 2024  
PARISH DISCUSSION - MAY, '24  
DELEGATES SESSIONS 26-28TH JUN, '24  
GRAND DURBAR & CLIMAX 29TH JUNE, '24



For sponsorship & info: Dr. Linus +233 26 232 6463 / Youth Director: +233 20 851 3145  
X @ @ @ @rcyouthaccra | #present&connected #beConnected #bePresent #beAgift



KPEHE DEANERY CATHOLIC  
YOUTH COUNCIL

presents

# Literacy Challenge



### Activities:

Sunday, 19th May, 2024  
**LAUNCHING**  
All Parishes during Mass

are you between the ages of:

7 - 13 years

Essay Competition: 10 - 15 years

As this year has been declared the year of children, write an essay with five (5) points on how you think the church can help children seek Christ in this modern era.

Your essay should be 250 words long.

- Script must be in your own handwriting
  - Script must be endorsed by a Parent/ Guardian and your Parish Priest
  - Add your full contact details
- All essays should be submitted to your PYC executives

DEADLINE FOR SUBMISSION  
SATURDAY, 23RD JUNE, 2024

### Deanery Children's Quiz: Areas of Study

- The Gospel of St. Mark
- Catholic Doctrine
- Current Affairs

Date: SATURDAY, 20TH JULY, 2024  
Venue: ST. PATRICK CATHOLIC CHURCH, ATOMIC  
Time: 7:00AM

FOR ENQUIRIES AND SUPPORT:  
+233(0) 56 180 4897/ +233(0) 54 249 1938