

# SS. THOMAS MORE AND JOHN FISHER CATHOLIC CHURCH, ACHIMOTA.

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# WEEKLY NEWSLETTER

26TH MAY, 2024: SOLEMNITY OF THE MOST HOLY TRINITY SUNDAY, YEAR B

THEME FOR THE WEEK: "THE CHURCH IS SUSTAINED BY THE HOLY TRINITY."

Rev. Fr. George Obeng Appah (Parish Priest) 020-8592020 Rev. Fr. Clement Quagraine (Assistant Priest) 024-8329194

St. Thomas More Catholic Church - **030-3931800** SS. Thomas More and John Fisher Catholic Church - **030-3939862**/

030-2436199

#### **TODAY'S READINGS**

**First Reading:** *Deut 4:32-34,39-40.* Moses teaches the people that Yahweh is the only God.

Responsorial Psalm: Ps 103:1,24,29-31,34

# BLESSED THE PEOPLE THE LORD HAS CHOSEN AS HIS HERITAGE.

**Second Reading:** *Rom 8:14-17*: Through the Spirit, we have been adopted as children of God.

**Gospel Reading:** *Matt 28:16-20*. Jesus sends his disciples to make disciples of all nations.

#### REFLECTION

The Solemnity of the Most Holy Trinity reminds us of the three distinct persons in one God: God the Father, God the Son, and God the Holy Spirit, who are all at work in every moment of the life of the Church for its sustenance. This doctrine of three distinct persons in one God can be difficult for us to comprehend, as it is a mystery. However, what is required of us is to receive this mystery with a pure heart and humble intellect. As St. Anselm says, "For I do not seek to understand, I believe in order to understand." This belief without questioning enables us to begin and end our prayers with a Trinitarian formula. If we believe in and accept the sacraments celebrated by the Church, we must also recognise the presence of the three distinct persons, who are all at work simultaneously in these celebrations. In today's Gospel, Jesus provides an example of their work, presence, and affirmation as the Trinity in baptism, as He commanded the disciples to baptise in the name of the Father, the Son, and the Holy Spirit. He also commands us never to neglect the Trinity in every aspect of the life of the Church.

#### **WEEKLY READINGS**

Mon 27 <sup>H</sup> MAY, 2024	Tue 28 <sup>TH</sup> MAY, 2024
St. Augustine of Canterbury	1Pt 1:10-16
1Pt 1:3-9	Ps 98:1-4
Ps 111:1-2,5-6,9-10	Mk 10:28-31
Jn 10:17-27	
Wed 29 <sup>TH</sup> MAY, 2024	Thurs 30 <sup>TH</sup> MAY, 2024
1Pt 1:18-25	1Pt 2:2-5,9-12
Ps 148:12-15,19-20	Ps 100:1-5
Mk 10:32-45	Mk 10:46-52
Fri 31 <sup>ST</sup> MAY, 2024	Sat 1 <sup>ST</sup> JUNE, 2024
Visitation of the Blessed Virgin	St. Justin, Martyr
Mary to Elizabeth	Jude 17:20b-25
Zeph 3:14-18a or Rom 12:9-16	Ps 63:2-6
Ps Is 12:2-6	Mk 11:27-33
Lk 1:39-56	

Readings for Next	Sunday CORPUS CHRISTI	
First Reading	Ex 24:3-8	
Responsorial Psalm	Ps 116:12-13,15,16bc,17-18	
Second Reading	Heb 9:11-15 Sequence: Mk	
	14:12-16,22-26	
Gospel	Mk 14:12-16,22-26	

Mass Schedule for Next Sunday		
St. Thomas More St. John Fisher		
First Mass: 7:00 am	First Mass: 6:30 am	
	Second Mass: 9:30 am	



#### **KNOW MORE ABOUT YOUR FAITH**

#### **THE ALTAR IS CHRIST**

The Catechism of the Catholic Church states plainly that the "Christian altar is the symbol of Christ himself, present in the midst of the assembly of his faithful" (1383). The altar is therefore not a remote and isolated image of Christ, but one standing in the midst of his people. For this reason, the altar is given the most prominent location in a church, occupying a place that is "truly the center toward which the attention of the whole congregation of the faithful naturally turns." For similar reasons, the Church's legislation strongly encourages that altars be fixed to the floor to indicate Christ's eternity and never-ending commitment to his people. Moreover, at least its "Mensa" (table) is to be made of stone, echoing the scriptures which repeatedly call Christ a rock and cornerstone (see 1 Pt 2:4, 1 Cor 10:4, Eph 2:20). Although exceptions are allowed in particular cases for wooden or portable altars, stone is meant to indicate Christ's strength and permanence.

When an altar is dedicated, it is anointed and incensed. These liturgical actions reveal the sacramental reality of the altar as sacrament of Christ. At the Prayer of Dedication, an altar is anointed with sacred chrism precisely because Christ is the One anointed by the Father with the Holy Spirit, making him "high priest, who on the altar of his Body, would offer the sacrifice of his life for the salvation of all." Incense is burned to signify that the perfect sacrifice of Christ ascends to God "as an odor of sweetness." Thomas Aquinas noted in the *Summa* that not only does the altar itself signify Christ, but the consecration "signifies Christ's holiness."

The lighting of candles on the altar follows, not only indicating the festive nature of the event but to signifying Christ as the "light to enlighten the nations." <sup>10</sup> The rites of the Church, then, lead the viewer from the external sign to the sacramental mystery it makes present: in looking at an earthly object made of stone, even Christ's holiness can be encountered.

Practically speaking, any enrichment given to an altar should increase the revelation that the altar itself is Christ; it should not be a signboard for an unrelated pious image or devotional slogan. The five consecration crosses on the "Mensa" of the altar, for instance, reveal that the altar is Christ because they indicate his five wounds. They belong to the nature of Christ himself, and therefore to the nature of the altar itself. Inset areas of gold mosaic or multicolored stone, similarly, express in architectural terms the gem-like radiance of heaven which corresponds to Christ's glory.

By Denis R. McNamara

# PRAYER FOR GOD'S INTERVENTION IN OUR

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

We humbly beseech you to help us win back our Land in this dispute. Save us from violence, discord and confusion and the evil plans of our adversaries.

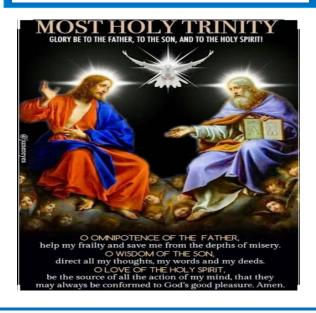
For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

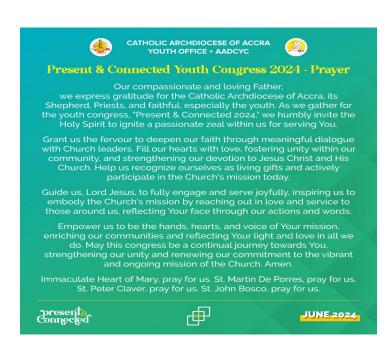
May your Mother Mary intercede for us and may the Archangel Michael defend us in battle. We make our payer through Christ our Lord and Redeemer.

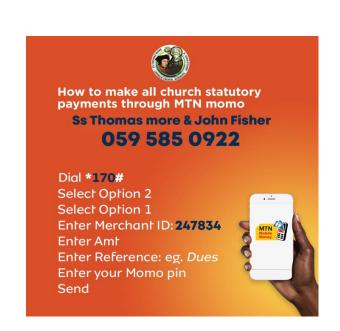
Amen.

St. Thomas More....... Pray for us St. John Fisher...... Pray for us All you Angels and Saints ..... Pray for us

#### **HAPPY SOLEMNITY**







## **MOTIVATION**

#### A STORY ABOUT THE KIND WORD.

One day the famous Russian writer Leo Tolstoy was coming down from his house and on his way, he met a poor young man who used to take help from him and when Tolstoy put his hand in his pocket, he didn't find his money bag, so he smiled at the man and said to him: excuse me, brother, I forgot my money bag at home. the man said: Believe me sir you me more than all people gave me when you told me, brother

My dear reader, the people around us are in dire need of a kind word. For some people, the kind word is greater than the treasure of the entire world because of its profound positive impact on them.

Moral: The kind word is your way to people's hearts.

### **YOUTH CORNER**



### **ANNOUNCEMENTS**

We are reminded and encouraged to pay our Harvest levy of GH¢100 per Adult, GH¢50 per working Youth and GH¢20 per child. Those in arrears of Harvest Levy, and pledges are entreated to redeem them and also fulfill all other Church Financial Obligations. (e.g., Church Dues, Welfare Dues and Building Fund). Those who have pledged for the Legacy of Hope Project are also reminded and entreated to redeem them.

**Death Report:** The death is reported of **Mr. Daniel Dzigbede** of the Achimota Town Community and husband of Mrs. Joyce Dzigbede of the Main Choir. Funeral Details will be announced later.

#### **Funeral Arrangements:**

The Funeral Details of the Late **Mad. Elizabeth Atsupui Atiso** of the Christian Village Community is as follows:

- i. Saturday 8th June, 2024: Laying in state from 6.am 7.45 am and Burial Mass at 8.00 am at St. Thomas More catholic Church. Dress code: Black
- ii. Sunday 9th June, 2024: Thanksgiving Mass at 7.00 am at STM. Dress Code: Black & White.

The Funeral Details of the Late **Mr. Leslie Kwabena Nyarko Gyimah**, son of Mr. & Mrs. Gyimah is as follows:

- i. Friday 14<sup>th</sup> June, 2024: Viewing of Body at 8.00 am and Burial Mass at 9.00 am at Christ the King Parish, Cantonment, Accra. Final Funeral Rites at the Christ the King Parish, Cantonment, Accra. Dress Code: Black & White.
- ii. **Sunday 16<sup>th</sup> June, 2024**: Thanksgiving Mass at 10.00 am at Christ the King Parish, Cantonment, Accra. **Dress Code**: Black & White.

The Funeral Details of the Late **Mr. John Ekow Banafu-Hackman** of the KSJI is as follows:

- i. Saturday 15<sup>th</sup> June, 2024: Laying in state at 7.00 am and Burial Mass at 8.00am at SS. Thomas More & John Fisher Catholic Church, New Achimota. Final Funeral Rites at the Fisher Garden. Dress code: Black & White.
- ii. Sunday 16th June, 2024: Thanksgiving Mass at SS. Thomas More & John Fisher Catholic Church, New Achimota at 9.30 am. Dress Code: All White.

The Funeral Details of the Late **Mad. Veronica Abla Dzisenu (Cofie**) of the Kissehman Community is as follows:

- i. Friday 28th June, 2024: Family Gathering at Kissehman Asco's House.
- ii. Saturday 29th June, 2024: Burial Mass at St. Thomas More Catholic Church, Achimota at 8.00 am. Dress Code: Black & White.
- Sunday 30<sup>th</sup> June, 2024: Thanksgiving Mass at St. Thomas More Catholic Church, Achimota at 7.00 am. Dress Code: All White.

### **PASTORAL CARE**

**Sacrament of Confession:** Every Saturday from 5.00pm at SJF and from 6.30pm at STM.

Sacrament of Baptism of Infants: First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm @ STM.

Visitation to the Sick and Aged: Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.

Sacrament of Marriage: Arrangements must be made <u>at least six</u> <u>months to a year</u> with the priests. The couple or one of them must be a registered member of the Church for <u>at least 6 months</u>.

Consultation of Priests: (STM) Monday, Tuesday and Thursday (In the Evenings) Time: 6.30 - 8.00 pm. (SJF) Wednesdays at 5:00pm. In case of an emergency, call on the Priest.

CHURCH OFFICE HOURS: Monday to Thursday: 9am - 1pm & 2 pm - 5pm: and Sunday: 9 am - 1.30pm

SLOGAN: Ss. Thomas More & John Fisher: Besohwξ! Ss. Thomas More & John Fisher: Justice and Truth!! Ss. Thomas More & John Fisher: Pray for us!

THANKS FOR WORSHIPPING WITH US. HAVE A BLESSED WEEK.

### FINANCE CORNER - ST. THOMAS MORE

	STM	STM	STM
WEEKDAYS	MAY	MAY	MAY
	WEEK1	WEEK2	WEEK3
SUNDAY	1317.00		
MONDAY	1111.00		130.00
TUESDAY	1600.30		220.00
WEDNESDAY	1966.00		520.00
THURSDAY	964.20		
FRIDAY	1123.00	40.00	
SATURDAY	851.50		200.00
MAY BORNS	267.00		
TOTAL	9200.00	40.00	1070.00

# Details of Last Sunday's Collections

SUNDAY	MAY WEEK3
MAIN COLLECTION	2447.50
SECOND COLLECTION	1418.50
TITHE	250.00
OFFERTORY ENVELOPES	870.00
TOTAL	4986.00

## FINANCE CORNER - ST. JOHN FISHER

	SJF	SJF	SJF
WEEKDAYS	MAY	MAY	MAY
	WEEK1	WEEK2	WEEK3
SUNDAY	1970.50		40.00
MONDAY	2444.10	850.00	50.00
TUESDAY	1982.80		150.00
WEDNESDAY	2827.00	100.00	5.00
THURSDAY	3084.00	50.00	100.00
FRIDAY	7528.00		100.00
SATURDAY	2354.00		100.00
MAY. BORNS	751.00		
TOTAL	22941.40	1000.00	545.00

# Details of Last Sunday's Collections

SUNDAY	SJF MAY WEEK3
MAIN COLLECTION	4329.10
SECOND COLLECTION	2946.10
TITHE	100.00
OFFERTORY ENVELOPES	580.00
TOTAL	7955.20

#### THANK YOU FOR ALL YOUR GENEROUS CONTRIBUTIONS.

