



SS. THOMAS MORE AND JOHN FISHER CATHOLIC CHURCH, ACHIMOTA.

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WEEKLY NEWSLETTER

13TH MARCH, 2022: SECOND SUNDAY OF LENT, YEAR C

THEME FOR THE WEEK: **“BE TRANSFIGURED AND RENEWED”**

Rev. Fr. George Obeng - Appah (*Parish Priest*) 020-8592020
Rev. Fr. Emmanuel Kwofie (Assistant Priest) 0206355610

St. Thomas More Catholic Church - 030-3931800
SS. Thomas More and John Fisher Catholic Church - 030-3939862/
030-2436199

TODAY'S READINGS

First Reading: Gen 15:5-12, 17-18

God makes a covenant with Abraham, promising him many descendants.

Responsorial Psalm: Ps 27:1, 7-9, 13-14

THE LORD IS MY LIGHT AND MY SALVATION

Second Reading: Phil 3:17-4:1 or 3:20-4:1

Paul encourages the Philippians to remain firm in their faith that Christ will subject all things to himself.

Gospel Reading: Lk 9:28b-36

Jesus is transfigured in the presence of Peter, John, and James.

REFLECTION

On the Second Sunday of Lent, we move from Jesus' retreat to the desert and temptation by the devil to the glory shown in his Transfiguration. Beloved, the transfiguration is a call for us to rise from our preoccupation with lowly things while striving and longing for higher values. It encourages us to rise from the base to the tops. In life, we grow by changing and availing ourselves for Christ to cause that change in us. **May Christ who is the agent of positive change and growth improve us and enable us obtain a renewal new opportunities and beginnings. Amen**

WEEKLY READINGS

| | |
|---|--|
| Mon 14TH MARCH, 2022 Dan 9:4b-10 Ps 79:8-9,11,13 Mt 6:36-38 | Tue 15TH MARCH, 2022 Is 1:10,16-20 Ps 50:8-9,16-17,21,23 Mt 23:1-12 |
| Wed 16TH MARCH, 2022 Jer 18:18-20 Ps 31:5-6,14-16 Mt 20:17-28 | Thu 17TH MARCH, 2022 St. Patrick Jer 17:5-10 Ps 1:1-4,6 Lk 16:19-31 |
| Fri 18TH FEBRUARY, 2022 St. Cyril of Jerusalem Gen 37:3-4,12-13a,17b-28 Ps 105:16-21 Mt 21:33-43,45-46 | Sat 19TH FEBRUARY, 2022 St. Joseph, Husband of BVM 2Sam 7:4-5a,12-14a,16 Ps 89:2-5,27,29 Rom 4:13,16-18,22 Mt 1:16,18-21,24a or Lk 2:41-51a |

Readings for Next Sunday

| | |
|---------------------------|-------------------|
| First Reading | Ex 3:1-8a,13-15 |
| Responsorial Psalm | Ps 103:1-4,6-8,11 |
| Second Reading | 1Cor 10:1-6,10-12 |
| Gospel | Lk 13:1-9 |

Mass Schedule

| <i>St. Thomas More</i> | <i>St. John Fisher</i> |
|------------------------|------------------------|
| First Mass: 7:00 am | First Mass: 6:30 am |
| Second Mass: 9:00 am | Second Mass: 8:30 am |
| | Third Mass: 10:30 am |



KNOW MORE ABOUT YOUR FAITH

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR LENT 2022

“Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all” (Gal 6:9-10)

Dear Brothers and Sisters,

What about the harvest? Do we not sow seeds in order to reap a harvest? Of course! Saint Paul points to the close relationship between sowing and reaping when he says: “Anyone who sows sparsely will reap sparsely as well, and anyone who sows generously will reap generously as well” (2 Cor 9:6). But what kind of harvest are we talking about? A first fruit of the goodness we sow appears in ourselves and our daily lives, even in our little acts of kindness. In God, no act of love, no matter how small, and no “generous effort” will ever be lost (cf. *Evangelii Gaudium*, 279). Just as we recognize a tree by its fruits (cf. Mt 7:16, 20), so a life full of good deeds radiates light (cf. Mt 5:14-16) and carries the fragrance of Christ to the world (cf. 2 Cor 2:15). Serving God in freedom from sin brings forth fruits of sanctification for the salvation of all (cf. Rom 6:22).

In truth, we see only a small portion of the fruits of what we sow, since, according to the Gospel proverb, “one sows, while another reaps” (Jn 4:37). When we sow for the benefit of others, we share in God’s own benevolent love: “it is truly noble to place our hope in the hidden power of the seeds of goodness we sow, and thus to initiate processes whose fruits will be reaped by others” (*Fratelli Tutti*, 196). Sowing goodness for the benefit of others frees us from narrow self-interest, infuses our actions with gratuitousness, and makes us part of the magnificent horizon of God’s benevolent plan.

The word of God broadens and elevates our vision: it tells us that the real harvest is eschatological, the harvest of the last, undying day. The mature fruit of our lives and actions is “fruit for eternal life” (Jn 4:36), our “treasure in heaven” (Lk 12:33; 18:22). Jesus himself uses the image of the seed that dies in the ground in order to bear fruit as a symbol of the mystery of his death and resurrection (cf. Jn 12:24); while Saint Paul uses the same image to speak of the resurrection of our bodies: “What is sown is perishable, but what is raised is imperishable; what is sown is contemptible but what is raised is glorious; what is sown is weak, but what is raised is powerful; what is sown is a natural body, and what is raised is a spiritual body” (1 Cor 15:42-44). The hope of resurrection is the great light that the risen Christ brings to the world, for “if our hope in Christ has been for this life only, we are of all people the most pitiable. In fact, however, Christ has been raised from the dead, as the first-fruits of all who have fallen asleep” (1 Cor 15:19-20). Those who are intimately united to him in love “by dying a death like his” (Rom 6:5) will also be united to his resurrection for eternal life (cf. Jn 5:29). “Then the upright will shine like the sun in the kingdom of their Father” (Mt 13:43).

To be continued.

PRAYER FOR GOD’S INTERVENTION IN OUR LAND CASE

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

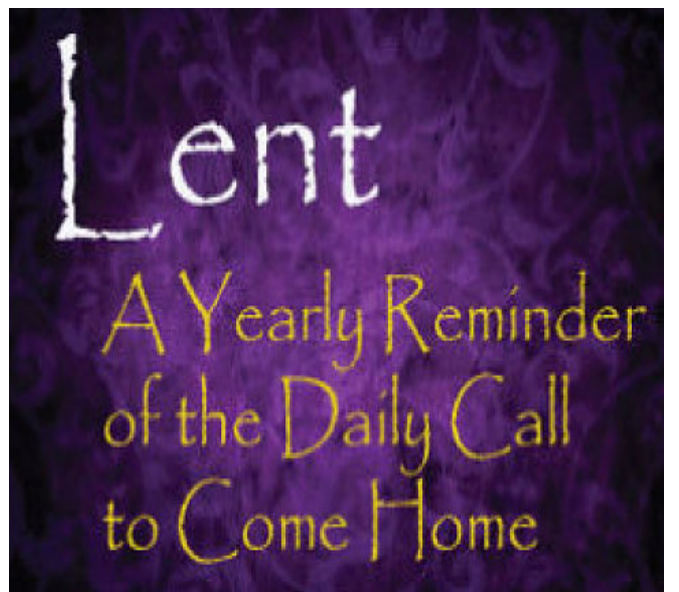
We humbly beseech you to help us win back our Land in this dispute. Save us from violence, discord and confusion and the evil plans of our adversaries.

For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

May your Mother Mary intercede for us and may the Archangel Michael defend us in battle. We make our payer through Christ our Lord and Redeemer. Amen.

- St. Thomas More..... Pray for us
- St. John Fisher..... Pray for us
- All you Angels and Saints Pray for us

THE SEASON OF GRACE



UPCOMING EVENT



**OUR LENTEN RETREAT
COMES OFF on the
19TH MARCH, 2022
@ sjf from 9:00am – 1:00pm**

**How to make all church statutory payments through MTN momo
Ss Thomas more & John fisher
059 585 0922**

Dial *170#
Select Option 2
Select Option 1
Enter Merchant ID: **247834**
Enter Amt
Enter Reference: eg. *Dues*
Enter your Momo pin
Send

MOTIVATION

CATHOLIC QUOTES FOR LENT

- "As Lent is the time for greater love, listen to Jesus' thirst...He knows your weakness. He wants only your love, wants only the chance to love you." – **Blessed Teresa of Calcutta**
- "Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could." –**St. Gregory Nazianzen**
- "Nothing, how little so ever it be, if it is suffered for God's sake, can pass without merit in the sight of God." - **Thomas a Kempis**
- "...Although we may be able to do but little, the enemy nevertheless stands more in awe of those whom he knows can fast." –**St. Francis de Sales**
- "God never tires of forgiving us; we are the ones who tire of seeking his mercy." -**Pope Francis**
- "Fasting cleanses the soul, raises the mind, subjects one's flesh to the spirit, renders the heart contrite and humble, scatters the clouds of concupiscence, quenches the fire of lust, and kindles the true light of chastity." -**St. Thomas Aquinas**

YOUTH CORNER

LENTEN INSPIRATION

YAKETY YAK

If only our eyes saw souls instead of bodies, how very different our ideals of beauty would be.

This is probably the most talkative age in the history of the world – not only because we have more mechanical devices to diffuse our talking but also because we have little inside our minds that did not come from the world outside our minds.

There are few listeners, although Saint Paul tells us that "faith comes from hearing." If the bodies of most of us were fed as little as the mind, they would soon starve to death. Hyperactivity and love of noise and chatter characterize our age, as a compensation for the profound distrust human beings have of themselves.

*#dynamicatholic
#lenteninspiration
#besohwe*

ANNOUNCEMENTS

1. Parishioners who wish to redeem their harvest pledges, pay their church dues and other statutory payments can use the Church's Mobile Money Number **059 585 0922**.
2. There is Evening Mass and Bible Sharing every Wednesday at SJ F at 7:00pm.
3. There is Stations of the Cross and Mass, at STM and SJF every Friday at 7:00pm during the Season of Lent.
4. There will be free dental health screening at both STM and SJF on 13th March and 20th March respectively after all the masses.
5. **The Archbishop will pay a pastoral visit to our parish on Sunday 27th March. We shall have two masses on that day. 7.30am at STM and 9.30am at SJF. We are all encouraged to attend the 9.30am mass in our parish cloth. The parish cloth is on sale at the parish offices.**
6. For how long have you been worshipping God? Can you tell the character of God? Can you attempt a description of who He truly is? The Young Christian Workers Movement invites you to this beautiful discussion next Sunday 20th March, 2022, at their monthly meeting, after the 7:00am Mass at STM. Come and let's feast on God's Word.
7. The funeral details of the following are as follows:
 - Mr. Michael Asante Addo, a former parishioner: Saturday 19th March, 2022: Laying in state and Filing past at St. Sylvanus, Pokuase at 6:00am and Burial Mass at 7:00am. Sunday 20th March, 2022: Thanksgiving Mass at St. Sylvanus, Pokuase at 9:00am
 - Mr. Robert Atali & Mrs. Adelaide Akorkor Atali a member of the Christian Village Community and of the Ave Maria Singing Group: Friday 25th March, 2022: Wake keeping at Christian Village Kingdom Hall. Saturday 26th March, 2022: Burial Mass at STM at 8:00am. Sunday 27th March, 2022: Thanksgiving Mass at STM at 7:30am.
 - Mr. Ayettey Peter Komla Senyo father of Mr. John Senyo, a member of the Ave Maria Singing Group: Friday 25th March, 2022: Wake keeping at Sts. Peter & Paul at Jinjiso Kajabi branch at 7:00pm. Saturday 26th March, 2022: Burial Mass at Sts. Peter & Paul at Jinjiso Kajabi branch at 8:00am. Sunday 27th March, 2022: Thanksgiving Mass at 8:00am at the same venue.
 - Opanyin Joseph William Quayson, father of Joseph William Quayson Jnr. Friday 1st April, 2022: Laying in State at Roman Hill opposite St. Lawrence Cath. Church Abura, Cape Coast at 5:00pm. Saturday 2nd April, 2022: Burial Mass at St. Lawrence Cath. Church, Abura, Cape Coast at 8:30am. Sunday 3rd April, 2022: Memorial & Thanksgiving Mass at 9:00am at the same venue.

PASTORAL CARE

Sacrament of Confession: Every Saturday from 5.00pm at SJF and from 6.30pm at STM.

Sacrament of Baptism of Infants: *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm @ STM.*

Visitation to the Sick and Aged: *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

Sacrament of Marriage: Arrangements must be made at least six months to a year with the priests. The couple or one of them must be a registered member of the Church for at least 6 months.

Consultation of Priests: (STM) Monday, Tuesday and Thursday (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF) Wednesdays at 5:00pm.** In case of an emergency, call on the Priest.

CHURCH OFFICE HOURS: Monday to Thursday: 9am -1pm & 2 pm - 5pm: and Sunday: 9 am - 1.30pm

**SLOGAN: Ss. Thomas More & John Fisher: Besohwɛ!
Ss. Thomas More & John Fisher: Justice and Truth!!
Ss. Thomas More & John Fisher: Pray for us!**

THANKS FOR WORSHIPPING
WITH US.
HAVE A BLESSED WEEK.

FINANCE CORNER - ST. THOMAS MORE

| WEEKDAYS | STM MAR. WEEK1 |
|--------------|----------------------|
| SUNDAY | 1350.00 |
| MONDAY | 1410.00 |
| TUESDAY | 1117.00 |
| WEDNESDAY | 639.00 |
| THURSDAY | 1120.00 |
| FRIDAY | 713.00 |
| SATURDAY | 620.00 |
| MAR. BORN | 255.00 |
| TOTAL | 7224.00 |

Details of Last Sunday's Collections

| SUNDAY | STM MAR. WEEK1 |
|-----------------|----------------------|
| MAIN COLLECTION | 1879.70 |
| TITHE | 690.00 |
| TOTAL | 2569.70 |

FINANCE CORNER – ST. JOHN FISHER

Details of Last Sunday's Collections

| WEEKDAYS | SJF MAR. WEEK1 |
|--------------|----------------------|
| SUNDAY | 923.00+\$100 |
| MONDAY | 2690.00 |
| TUESDAY | 1110.00 |
| WEDNESDAY | 621.00 |
| THURSDAY | 2111.50+£10 |
| FRIDAY | 3851.00 |
| SATURDAY | 755.50 |
| MAR. BORN | 224.00 |
| TOTAL | 13083.93 |

| SUNDAY | SJF MAR. WEEK1 |
|--------------------|----------------------|
| MAIN COLLECTION | 2514.30 |
| TITHE | 104.00 |
| TOTAL | 2618.30 |

THANK YOU FOR ALL YOUR GENEROUS CONTRIBUTIONS.

SS THOMAS MORE & JOHN FISHER
PARISH

Have You Paid Your Harvest Levy

Payments can be made through **059 585 0922**

- Adult - **100.00**
- Youth - **50.00**
- Kids - **20.00** or more

[@ stjmf_youth](#) [@ Thomasmorejohnfisher.com](#) [f SS Thomas More And John Fisher](#)

Help Us Build

A new Children Service Block @ SS Thomas
More & John Fisher Parish

St. Thomas More Catholic Church
Acc No. 1117000222801
Bank: NIB Branch Abeka
Mobile Money: 059 585 0922