



SS. THOMAS MORE AND JOHN FISHER CATHOLIC CHURCH, ACHIMOTA.

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WEEKLY NEWSLETTER

6TH JUNE, 2021: MOST HOLY BODY AND BLOOD OF CHRIST
SUNDAY (CORPUS CHRISTI), YEAR B

THEME FOR THE WEEK: **“THE EUCHARIST: THE SAVING
FOOD FOR REDEMPTION.”**

Rev. Fr. George Obeng - Appah (*Parish Priest*) 020-8592020
Rev. Fr. Emmanuel Kwofie (*Assistant Priest*) 0206355610

St Thomas More Catholic Church - 030-3931800
SS Thomas More and John Fisher Catholic Church - 030-3939862

TODAY'S READINGS

First Reading Ex 24:3-8

The covenant is established between God and the people.

Responsorial Psalm

Ps 116:12-13, 16-18

**THE CUP OF SALVATION I WILL RAISE; I WILL
CALL ON THE NAME OF THE LORD.**

Second Reading Heb 9:11-15

Christ is the mediator of the new covenant.

Gospel Reading Mk 14:12-16, 22-26

Jesus shares his Last Supper with his disciples.

REFLECTION

The Gospel of Mark describes Jesus' Last Supper with his disciples as a celebration of the Jewish feast of Passover. The Jewish celebration of Passover is a memorial to and a ritual participation in the defining moment of Israel's history. It celebrates God's deliverance of his people from slavery in Egypt. The Passover meal includes many ritually important elements, such as unleavened bread, lamb, and bitter herbs. It reminds us that the Eucharist is a memorial of Christ's sacrifice on the cross. We believe that Jesus is truly present to us in the elements of bread and wine. Each time we celebrate this sacrament, we prepare for the Kingdom of God. This celebration, as the Second Vatican Council taught us, is the source and summit of the Christian life.

WEEKLY READINGS

Mon 7TH JUNE, 2021 2 Cor 1:1-7 Ps 34:1-8 Mt 5:1-12	Tue 8TH JUNE, 2021 2 Cor 1:18-27 Ps 119:129-133,135 Mt 5:13-16
Wed 9TH JUNE, 2021 St. Ephrem, Deacon & Doctor 2 Cor 3:4-11 Ps 99:5-9 Mt 5:17-19	Thu 10TH JUNE, 2021 2 Cor 3:15-4:1,3-6 Ps 85:9-14 Mt 5:20-26
Fri 11TH JUNE, 2021 The Most Sacred Heart of Jesus Hos 11:1,3-4,8c-9 Ps Is 12:2-3,4,5-6 Eph 3:8-12,14-19 Jn 19:31-37	Sat 12TH JUNE, 2021 The Immaculate Heart of Mary 2 Cor 5:14-21 Ps 103:1-2,3-4,9-10,11-12 Lk 2:41-51

Readings for Next Sunday

First Reading	Ex 17:22-24
Responsorial Psalm	Ps 92:2-3,13-16
Second Reading	2 Cor 5:6-10
Gospel	Mk 4:26-34

Mass Schedule

<i>St. Thomas More</i>	<i>St. John Fisher</i>
First Mass: 7:00 am	First Mass: 6:30 am
Second Mass: 9:00 am	Second Mass: 8:30 am
	Third Mass: 10:30 am



KNOW MORE ABOUT YOUR FAITH

CALL TO FAMILY, COMMUNITY AND PARTICIPATION TRADITION

Catholic tradition teaches that human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met. Therefore, every person has a fundamental right to life and a right to those things required for human decency. Corresponding to these rights are duties and responsibilities--to one another, to our families, and to the larger society.

Scripture

[Leviticus 25:35](#) - When someone is reduced to poverty, we have an obligation to help.

[Ruth 2:2-23](#) - Boaz cares for Ruth, a widow and a foreigner, giving her far more than the law requires.

[Tobit 4:5-11](#) - Give from what you have received and do not turn away from the poor.

[Proverbs 31:8-9](#) - Open your mouth to speak on behalf of those in need.

[Isaiah 1:16-17](#) - Seek justice, rescue the oppressed, defend the orphan, and plead for the widow.

[Jeremiah 22: 13-16](#) - A legitimate government upholds the rights of the poor and vulnerable.

[Jeremiah 29:4-7](#) - Seek the welfare of the city, for in its welfare you will find your welfare.

[Matthew 25: 31-46](#) - Just as you did it to the least of these, you did it to me.

[Luke 16:19-31](#) - The rich man has a responsibility to care for Lazarus.

[Acts 4:32-35](#) - There was not a needy person among them.

[2 Corinthians 9:6-15](#) - God's gifts are given to be shared.

[James 2:14-18](#) - Faith without works is dead.

Tradition

Underlying the principle of the common good is respect for the human person as such, endowed with basic and inalienable rights ordered to his or her integral development. It has also to do with the overall welfare of society and the development of a variety of intermediate groups, applying the principle of subsidiarity. Outstanding among those groups is the family, as the basic cell of society. Finally, the common good calls for social peace, the stability and security provided by a certain order which cannot be achieved without particular concern for distributive justice; whenever this is violated, violence always ensues. Society as a whole, and the state in particular, are obliged to defend and promote the common good. (Pope Francis, *On Care for Our Common Home* [[Laudato Si'](#)], no. 157) **To be continued.**

PRAYER FOR GOD'S INTERVENTION IN OUR LAND CASE

Almighty and Merciful Father, we thank you for our faith and for the gift of our church community. We thank you for how far you have brought us as a parish. You have been our refuge in times past and our hope for years to come.

We humbly beseech you to help us win back our Land in this dispute. Save us from violence, discord and confusion and the evil plans of our adversaries.

For the Court of Justice, we pray that you will give them the spirit of Wisdom and Understanding that they may discern the truth and impartially administer the law in the fear of you alone. May they not yield to deceit and acts of bribery and corruption but uphold the truth and let justice prevail.

May your Mother Mary intercede for us and may the Archangel Michael defend us in battle. We make our prayer through Christ our Lord and Redeemer. Amen.

St. Thomas More..... Pray for us

St. John Fisher..... Pray for us

All you Angels and Saints Pray for us

PRAYER FOR AN END OF THE CORONA VIRUS – COVID 19

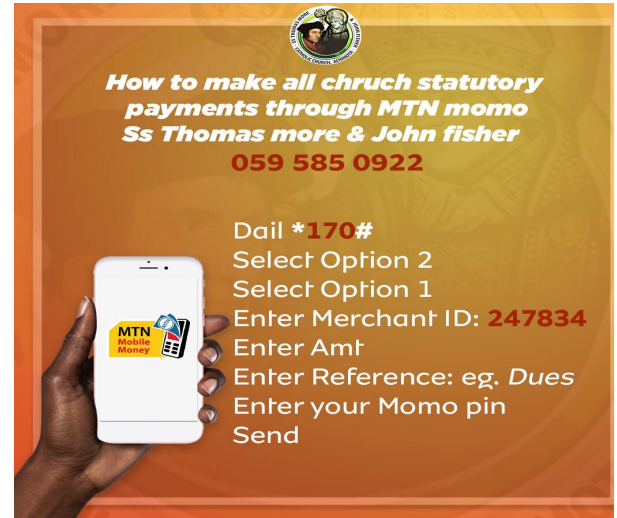
Almighty and merciful Father, who show your love to all your creation. We come before you asking for a quick control of the Coronavirus currently ravaging our world.

Hear graciously the prayers we make for those affected by the virus in various parts of the world. Grant healing to the sick, eternal life to the dead and consolation to the bereaved families.

We pray that an effective medicine to combat the sickness be speedily found. We pray for the relevant governments and health authorities that they take appropriate steps for the good of the people. Look upon us in your mercy and forgive us our failings. Amen.

**PROGRAMME FOR THE 90TH ANNIVERSARY FEAST
DAY CELEBRATION OF SS. THOMAS MORE & JOHN
FISHER 2021**

DAY	ACTIVITY	VENUE	TIME
Sunday 30 th May	Launch	STM & SJF	All Masses
Thursday 3 rd June	Eucharistic Adoration	STM	6:30pm
Saturday 5 th June	Grotto Devotion/Mass	SJF	4:00pm
Sunday 13 th June	Health Talk	STM & SJF	After Mass
Saturday 19 th June	Donation to Children's Home	Otaten	9:00am
Sunday 20 th June	Choral Festival	SJF	5:00pm
Tuesday 22 nd June	Mass	STM	6:30pm
Friday 25 th June	Clean-up	STM	9:00am
Saturday 26 th June	Aerobics & Clean-up	SJF	7:00am
Sunday 27 th June	Climax Mass	STM & SJF	7:00 am @ STM 10:am @ SJF



How to make all church statutory payments through MTN momo Ss Thomas more & John fisher
059 585 0922

Dial *170#
Select Option 2
Select Option 1
Enter Merchant ID: **247834**
Enter Amt
Enter Reference: eg. *Dues*
Enter your Momo pin
Send

MOTIVATION

STOP STRESSING SO MUCH

"Once upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical 'glass half empty or glass half full' question. Instead, with a smile on her face, the professor asked, 'How heavy is this glass of water I'm holding?'

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, 'From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me.'

As the class shook their heads in agreement, she continued, 'your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them.'

YOUTH CORNER

THE BEAUTY MYTH

By the beauty myth, I mean the idea that for a black woman to be considered beautiful, she must wear fake hair. These days, the trend is Brazilian hair. Past fads have included Russian, Indian and Peruvian hair. And for those who cannot afford human hair, there is always the synthetic option. No matter the choice, as long as a black woman is wearing fake hair that has either been glued or sewn onto her own hair, she passes the beauty yardstick. Aside from the fake hair, the beauty myth also says that long acrylic nails and long fake eyelashes are a must. And when I say long, I mean long. For both nails and eyelashes. Some even go as far as having long toenails! As if all this is not bad enough, some black women (and surprisingly some black men too) have fallen for the beauty myth that the lighter the skin, the more beautiful the person.

To get this light skin they so desire, dark-skinned people bleach their skin with dangerous chemicals that are known to cause cancer. With all this fakery and skin bleaching, today's black woman is looking far from black! And this concerns me. You see, each race was created with our own unique features. And one of our features as black people is our kind of hair. The black race is the only one whose hair grows upwards. If we want our hair to flow down naturally, we can plait, twist or lock it. Another option is to hot comb it. Otherwise, the only way we can get our hair to flow down is by chemically straightening it. Incidentally, the chemicals in hair relaxers have also been known to be the cause of cancer in some black women. With regards to our skin colour we come in all shades of black. Whilst some of us are very dark-skinned others are very light-skinned, not forgetting the countless shades in-between. Despite this and for a very long time, black people have been made to feel having light skin and fine straight hair will make them more attractive and also be considered more appropriate to fit into the workplace.

To be continued.

ANNOUNCEMENTS

1. Parishioners who wish to redeem their harvest pledges, pay their church dues and other statutory payments can use the Church's Mobile Money Number **0595850922**. Receipts for such payments will be issued later for collection.

2. Due to the directive to register worshippers we encourage parishioners to follow the link to register for Mass <http://thomasmorejohnfisher.com/#ChurchAttendance>
You can also call the priests or send an SMS or WhatsApp with your details to be registered.

3. We are encouraged to adhere to all the covid protocols and directives namely: The Online or Manual Registrations, hand washing, checking of temperature, using of hand sanitizer and socially distancing during mass. Let us kindly cooperate with the ushers in keeping our church safe.

4. A parishioner is looking for a single room self-contained around Kissehman and Pillar2. Please call **0559007325** if you can be of help.

5. Marriage Banns: (3rd Publication) Between Lissah Emmanuel and Sylvia Atsure-Efodzi.

6. The funeral arrangement of Mr. Edward Yao Domie, father of Ernestina, Fidelia and Eunice Domie is as follows: Friday 11th June: Laying in State at his residence (Dome Pillar 2) at 8:00pm. Saturday 12th June: Burial Mass at SJF at 6:00am, and Interment at Hartorgodo. Dress Code: Black & White. Sunday 13th June: Thanksgiving Mass at STM at 7:00am. Dress Code: Black & White.

7. The death is reported of Mary Gyasi a.k.a Obaa Yaa Amosa, mother of Joanna Nyarko, a member of the Holy Family Akan kuo and Singing Group. Funeral details will be announced later.

PASTORAL CARE

Sacrament of Confession: Every Saturday from 6.00pm to 7.00pm

Sacrament of Baptism of Infants: *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm*

Visitation to the Sick and Aged: *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

Sacrament of Marriage: Arrangements must be made **at least six months to a year** with the priests. The couple or one of them must be a registered member of the Church for **at least 6 months**.

Consultation of Priests: (STM) Monday, Tuesday and Thursday (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF)** **Wednesdays at 5:00pm.** In case of an emergency, call on the

Corpus Christi Sunday

Jesus, Body and Blood,
we are grateful for the gift
of your life
and the way it strengthens us
to live ours.
Teach us to draw on the gift
of your Body and Blood
for energy, renewal,
strength and grace.
May we never take the gift
of your presence for granted.
Amen.



Prayer from www.cccb.ca

FINANCE CORNER – ST. THOMAS MORE

WEEKDAYS	STM MAY WEEK1	STM MAY WEEK2	STM MAY WEEK3	STM MAY WEEK4	STM MAY WEEK5	GRAND TOTAL	POSITIONS
SUNDAY	433.50	-----	100.00	-----	-----	533.50	6 TH
MONDAY	829.00	560.00	30.00	-----	-----	1419.00	2 ND
TUESDAY	1360.80	30.00	5.00	1000.00	100.00	2495.80	1 ST
WEDNESDAY	560.20	-----	10.00	5.00	-----	575.20	5 TH
THURSDAY	773.00	-----	-----	-----	-----	773.00	4 TH
FRIDAY	390.00	80.00	-----	-----	-----	470.00	7 TH
SATURDAY	878.00	182.00	2.00	-----	-----	1062.00	3 RD
MAY. BORN	230.00	-----	-----	-----	-----	230.00	
TOTAL	5454.50	852.00	147.00	1005.00	100.00	7558.50	

Details of Last Sunday's Collections

SUNDAY	STM MAY WEEK 5
MAIN COLLECTION	1610.30
SECOND COLLECTION	920.40
TITHE	120.00
TOTAL	2650.70

FINANCE CORNER – ST. JOHN FISHER

1st Sunday's
Collections

WEEKDAYS	SJF MAY WEEK1	SJF MAY WEEK2	SJF MAY WEEK3	SJF MAY WEEK4	SJF MAY WEEK5	GRAND TOTAL	POSI TION S
SUNDAY	1410.20	60.00	240.00	-----	10.00	1720.20	6 TH
MONDAY	1148.00	1110.00	50.00	-----	-----	2308.00	3 RD
TUESDAY	817.10	-----	2000.00	5000.00	20.00	7837.10	1 ST
WEDNESDAY	1440.70	5.00	100.00	5.00	55.00	1605.70	7 TH
THURSDAY	1454.00	275.00	-----	50.00	100.00	1879.00	4 TH
FRIDAY	4182.70	90.00	120.00	-----	-----	4392.70	2 ND
SATURDAY	1256.00	500.00	-----	-----	-----	1756.00	5 TH
MAY. BORN	325.00 +\$100	-----	-----	-----	-----	904.15	
TOTAL	12033.70 +\$100	2040.00	2510.00	5055.00	185.00	22402.85	

SUNDAY	SJF MAY WEEK 5
MAIN COLLECTION	2573.00
SECOND COLLECTION	1695.70
TITHE	2220.00
TOTAL	6488.70

THANK YOU FOR YOUR GENEROUS CONTRIBUTIONS FOR THE MONTH OF MAY.

SS. THOMAS MORE AND JOHN FISHER PARISH, ACHIMOTA WEEKDAY MASS SCHEDULE

DAY/ACTIVITY	THOMAS MORE	JOHN FISHER
Monday		
Tuesday	Morning Mass	
Wednesday	Morning Mass	Evening Mass/Bible sharing
Thursday	Morning Mass	
Friday		Morning Mass
Friday	Community Mass	Community Mass
First Thursday of the month	Exposition/Benediction	
First Friday of month		Exposition/Benediction
Last Friday of the month	Youth Mass	
First Saturday of the month	Infant Baptism	Grotto Devotion/Mass