

PASTORAL CARE

Sacrament of Confession: Every Saturday from 6.00pm to 7.00pm

Sacrament of Baptism of Infants: *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm*

Visitation to the Sick and Aged: *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

Sacrament of Marriage: Arrangements must be made **at least six months to a year** with the priests. The couple or one of them must be a registered member of the Church for **at least 6 months.**

Consultation of Priests: (STM) Monday, Tuesday and Fridays (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF) Wednesdays at 5:00pm.** In case of an emergency, call on the Priest.

Church office hours: STM - Mon. to Fri: 8am -1pm & 2 pm - 4pm: Sun: 9 am - 1.30pm: SJF – Monday & Wednesday 10am – 6pm; Sat 4pm-6pm; Sunday 12pm- 2pm

SUNDAY MASS

FIRST MASS - 6:30AM AT SJF
SECOND MASS: 7:00 AM- STM
THIRD MASS: 9:30AM AT SJF

NEXT SUNDAY: EASTER SUNDAY

Singing Schedule:

First Mass: Ave Maria
Second Mass: Main Choir
Third Mass: Youth Choir

Offertory and Bidding Prayers:

First Mass: New Achimota/Kopevi/Akweteman
Second Mass: Kisseman Community
Third Mass: First Communicants

WEEKDAY MASS

Tuesday 6:15am
Wednesday 6:15am (STM) & 7:00pm (SJF)
Thursday 6:15am

SLOGAN: Ss. Thomas More & John Fisher: Besohwɛ!
Ss. Thomas More & John Fisher.: Justice and Truth!!

ANNOUNCEMENTS

1. There is Bible sharing within mass this and every Wednesday evening at SJF at 7.00pm. Come and deepen your knowledge in the Holy Scriptures.

2. Parishioners who made pledges during 2018 Harvest are kindly reminded to redeem them. Pledges can be redeemed through Mobile Money Number 0558362191 with the name St. Thomas More. Receipts for such payments will be issued later for collection.

3. Young Teens Camp 2019 under the auspices of the Catholic Charismatic Renewal comes off from 24th to 28th April at the Holy Spirit Retreat Centre, Kuntunse. Interested youth between the ages of 8-15 should register at the church office.

4. Final funeral rites of Mr. Augustus Owusu-Gyimah is as follows; Friday 10th May, family gathering at his residence Abofu, Saturday 11th May, burial mass at SJF at 8am ,interment at Military cemetery; Sunday 12th May thanksgiving mass at SJF at 9:30am.

5. Marriage Banns (2nd Time): Anthony Oppong and Pamela Bissi

6. Marriage Banns (1st Time): Jonathan Addah and Veronica Ajago

QUIZ

Last week: What celebration begins the Holy week?

Ans: Triumphant entry into Jerusalem (Palm Sunday)

This Week: What is done after Holy Thursday mass, to symbolize the stripping of Jesus?

QUOTE

He emptied himself, taking the form of a slave. Phil. 2:7

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Rev. Fr. Bright Elorm Fumey (Assistant Priest) Tel: 0245904620

Rev. Fr. Wisdom Larweh (In Residence) Tel: 0244871990

WEEKLY NEWSLETTER

14TH APRIL, 2019: PASSION SUNDAY

THEME FOR THE WEEK: LOUD HOSANNA TO THE KING

TODAY'S READINGS

1st Reading: Isaiah 50:4-7

The suffering servant will not be put to shame, for God helps and keeps him from torments.

Responsorial Psalm: 22:8-9,17-18,19-20,23-24
MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME.

2nd Reading: Philippians 2:6-11

To save his people, the servant empties himself and is obedient even unto death.

Gospel: Gospel: Luke 22:14-23:56

The Evangelist presents an edifying narrative revealing the mercy and prayer of Jesus.

Reflection

We begin the most solemn week of the liturgical year, *The Holy Week*. In it, we witness the total self-giving of Jesus. St. Paul describes it as his *kenosis* (self-emptying) by which Jesus made himself entirely receptive to the Divine Will. Our liturgy this week invites us to follow Jesus every step of the way, beginning today with his triumphant entry into Jerusalem. There he was welcomed, applauded and acclaimed by a crowd of well-wishers. On Thursday, we will join him at the table, the first Mass, to receive the gift of himself in the Eucharistic bread and wine, after which we join him in the Garden of Olives to suffer his agony. On Good Friday, we will be standing in spirit beside his mother at the foot of the cross, while he hands his spirit to the Father who sent him. On Saturday, we will be silent around his tomb, as we remember the cruelty of humanity for which he dies, however, we will march on from that darkness with the bright Easter fire with joy for his resurrection.

READINGS FOR THE WEEK

- ❖ **Mon 15TH APRIL, 2019**
Is 42:1-7
Ps 27:1-3,14-15
Jn 12:1-11
 - ❖ **Tues 16TH APRIL, 2019**
Is 49:1-6
Ps 71:1-6,16,18
Jn 13:21-33,36-38
 - ❖ **Wed 17TH APRIL, 2019**
Is 50:4-9
Ps 69:8-11,22-23,32,34-35
Mt 26:14-25
 - ❖ **Thu 18TH APRIL, 2019**
(Holy Thursday)
Is 61:1-3,6,8-9
Ps 89:22-23,26,27
Lk 4:16-21
 - ❖ **Fri 19TH APRIL, 2019**
(Good Friday)
Is 52:13-53:12
Ps 31:2,6,13-14,16-18,25
Jn 18:1-19:42
 - ❖ **Sat 20TH APRIL, 2019**
(Holy Saturday)
Gen 1:1-2:2
Ps 104:1-2,5-6,11,13-14,25,36
Ex 14:15-15:1
- 21ST APRIL, 2019**
EASTER SUNDAY
1st Reading: Acts 10:34,37-43
Resp. Ps: Ps 118:1-2,17,23-24
2nd Reading: Col 3:1-4
Gospel: Lk 24:1-12

KNOW MORE ABOUT YOUR FAITH

TEACHING OF THE CHURCH ON PENANCE

Seal of Confession

These prohibitions, as well as the general obligation of secrecy, apply only to what the confessor learns through confession made as part of the sacrament.

He is not bound by the seal as regards what may be told him by a person who, he is sure, has no intention of making a sacramental confession but merely speaks to him "in confidence"; prudence, however, may impose silence concerning what he learns in this way. Nor does the obligation of the seal prevent the confessor from speaking of things which he has learned outside confession, though the same things have also been told him in confession; here again, however, other reasons may oblige him to observe secrecy.

The same obligation, with the limitations indicated, rests upon all those who in one way or another acquire a knowledge of what is said in confession, e.g., an interpreter who translates for the priest the words of the penitent, a person who either accidentally or intentionally overhears the confession, an ecclesiastical superior (e.g., a bishop) to whom the confessor applies for authorization to absolve the penitent from a reserved case.

Even the penitent, according to some theologians, is bound to secrecy; but the more general opinion leaves him free; as he can authorize the confessor to speak of what he has confessed, he can also, of his own accord, speak to others.

But he is obliged to take care that what he reveals shall cast no blame or suspicion on the confessor, since the latter cannot defend himself. In a word, it is more in keeping with the intention of the Church and with the reverence due to the sacrament that the penitent himself should refrain from speaking of his confession. Such, undoubtedly, was the motive that prompted St. Leo to condemn the practice of letting the penitent read in public a written.....

KNOW MORE ABOUT YOUR FAITH

Such, undoubtedly, was the motive that prompted St. Leo to condemn the practice of letting the penitent read in public a written statement of his sins; and it needs scarcely be added that the Church, while recognizing the validity of public confession, by no means requires it; as the Council of Trent declares, it would be imprudent to prescribe such a confession by any human enactment.

Public penance

Three kinds of penance are to be distinguished canonical, prescribed by councils or bishops in the form of "canons" for graver offences. This might be either private, i.e., performed secretly or public i.e., performed in the presence of bishop, clergy and people. When accompanied by certain rites as prescribed in the Canons, it was solemn penance.

The public penance was not necessarily canonical; it might be undertaken by the penitent of his own accord. Solemn penance, the most severe of all, was inflicted for the worst offences only, notably for adultery, murder, and idolatry, the "capital sins". The name of penitent was applied especially to those who performed public canonical penance.

"There is a harder and more grievous penance, the doers of which are properly called in the Church penitents; they are excluded from participation in the sacraments of the altar, lest by unworthily receiving they eat and drink judgment unto themselves". The penitential process included a series of acts, the first of which was confession.

Regarding this, Origen, after speaking of baptism, tells us: "There is a yet more severe and arduous pardon of sins by penance, when the sinner washes his couch with tears, and when he blushes not to disclose his sin to the priest of the Lord and seeks the remedy".

To be continued.....

MOTIVATION

Take Action and Get Motivated By Brian Tracy

When you make a clear, unequivocal decision that you are going to take complete control over your mind, eliminate the negative emotions and thoughts that may have held you back in the past, and become a completely positive person, you can actually bring about your own personal transformation.

Mental fitness is like physical fitness. You develop high levels of self-esteem and a positive attitude with training and practice.

Perhaps the most powerful ability that you have is the ability to visualize and see your goals as already accomplished. Create a clear, exciting picture of your goal and your ideal life, and replay this picture in your mind over and over.

"Take charge! You feel positive about yourself to the exact degree to which you feel you are in control of your life."
All improvement in your life begins with an improvement in your mental pictures. As you "see" yourself on the inside, you will "be" on the outside. Remember, whatever you expect with confidence seems to come into your life.

Expect to be successful. Expect to be popular when you meet new people. Expect to achieve great goals and create a wonderful life Since you can control your expectations, you should always expect the best. for yourself. When you constantly expect good things to happen, you will seldom be disappointed.

HOLY WEEK SCHEDULE

DAY	CELEBRATION	VENUE & TIME
18 th April	Holy Thursday Mass of the Lord's Supper	STM @ 8:00p.m
19 th April	Good Friday Stations of the Cross Veneration of the Cross	STM @ 7:00a.m SJF @ 3:00p.m
20 th April	Holy Saturday Easter Vigil	SJF @ 8:00p.m
21 st April	Easter Sunday Mass	SJF @ 6:30a.m STM @ 7:00a.m SJF @ 9:30a.m
22 nd April	Easter Monday Picnic	SJF @ 11:00a.m

FINANCE CORNER

Thank You All for Your Generosity. May God Bless You