

PASTORAL CARE

Sacrament of Confession: Every Saturday from 6.00pm to 7.00pm

Sacrament of Baptism of Infants: *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism @ 5pm*

Visitation to the Sick and Aged: *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

Sacrament of Marriage: Arrangements must be made at least six months to a year with the priests. The couple or one of them must be a registered member of the Church for at least 6 months.

Consultation of Priests: (STM) Monday, Tuesday and Fridays (In the Evenings) Time: 6.30 - 8.00 pm. **(SJF) Wednesdays at 5:00pm.** In case of an emergency, call on the Priest.

Church office hours: STM - Mon. to Fri: 8am -1pm & 2 pm - 4pm: Sun: 9 am - 1.30pm: SJF – Monday & Wednesday 10am – 6pm; Sat 4pm-6pm; Sunday 12pm- 2pm

SUNDAY MASS

FIRST MASS - 6:30AM AT SJF
SECOND MASS: 7:00 AM- STM
THIRD MASS: 9:30AM AT SJF

NEXT SUNDAY: SIXTH SUNDAY IN ORDINARY TIME

Singing Schedule:

First Mass: Youth Choir
Second Mass: Main Choir
Third Mass: Chari SM

Offertory and Bidding Prayers:

First Mass: Akan Kuo
Second Mass: YCW
Third Mass: CYC

WEEKDAY MASS

Tuesday 6:15am
Wednesday 6:15am (STM) & 7:00pm (SJF)
Thursday 6:15am

SLOGAN: Ss. Thomas More & John Fisher: Besohwɛ!

ANNOUNCEMENTS

1. There is Bible sharing within mass this and every Wednesday evening at SJF at 7.00pm. Come and deepen your knowledge in the Holy Scriptures.

2. Parishioners who made pledges during 2018 Harvest are kindly reminded to redeem them. Pledges can be redeemed through Mobile Money Number 0558362191 with the name St. Thomas More. Receipts for such payments will be issued later for collection.

3. The funeral arrangement of Mr. Alphonse Kwame Badohu Nyarko father of Mrs. Juliana Kwablah of Ave Maria and Christian Mothers is as follows; Wake keeping: Friday 8th March, 2019 at his residence Abelemkpe, Burial Mass on Saturday 9th March at Blessed Sacrament Abelemkpe.

4. Funeral arrangement for Mrs. Diana Amuzu is as follows; Friday 22nd February vigil mass at St. Maria Goretti Church, Battor at 7pm/family gathering, Saturday 23rd February Burial mass at same venue. Body will be conveyed to Anloga, Volta Region for burial.

5. The youth council presents "LOVE BREWED IN AN AFRICAN POT". A Valentine's Day programme which comes off on 15th February at SJF gardens at 7pm.

QUIZ

Last week: From what passage of Scripture did Jesus read in the Synagogue?

Ans: The Book of the Prophet Isaiah

This Week: According to the Catechism, how many are the gifts of the Holy Spirit?

QUOTE

Gratitude is not only the greatest of virtues, but the parent of all others.

- Cicero

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Rev. Fr. Bright Elorm Fumey (Assistant Priest) Tel: 0245904620

WEEKLY NEWSLETTER

10TH FEBRUARY, 2019: FIFTH SUNDAY IN ORDINARY TIME

THEME FOR THE WEEK: *CALLED TO SAVE HUMANITY*

TODAY'S READINGS

1st Reading: : Isaiah 6:1-2; 3-8

Isaiah feels deeply unworthy about his calling but cleansed of sins, he responds with enthusiasm.

Responsorial Psalm: Psalm 138:1-5, 7-8

IN THE PRESENCE OF THE ANGELS I PRAISE YOU, O LORD

2nd Reading: 1 Corinthians 15:1-11

Paul testifies to the authenticity of the gospel he preaches, although late in his belief in Christ.

Gospel Luke 5:1-11

Overwhelmed by the miraculous catch of fish, Peter accepts his call to share in the work of Christ.

Reflection

The first reading and the gospel describe two vocations, that of Isaiah, chosen as prophet and that of the apostles, transformed by Christ into 'fishers of men'. When Isaiah first heard the call of the Lord, he became aware of his frailty. How could his impure lips speak in the name of God? Peter, when called by Jesus to be a 'fishers of men' like Isaiah felt unworthy, and yet God chose them for his mission. We are called to be prophets like Isaiah and fishers of men like Peter, to be purified and used for wonderful works. In the second reading, we have other examples of people chosen for missions, witnesses to the resurrection of Christ. Like Isaiah and Peter, Paul feels unworthy and imperfect, but thanks grace for who he is. Grace makes us who we are deserving or not, all we need to do is to cooperate and hold fast to the gospel.

READINGS FOR THE WEEK

❖ **Mon 11TH FEBRUARY, 2019**

Gen 1:1-19
Ps 104:1-2,5-6,11,13,25,36
Mk 5:1-20

❖ **Tues 12TH FEBRUARY, 2019**

Gen 1:20-2:4
Ps 8:4-12
Mk 7:1-13

❖ **Wed 13TH FEBRUARY, 2019**

Gen 2:4-9,15-17
Ps 104:1-2,28-31
Mk 7:14-23

❖ **Thu 14TH FEBRUARY, 2019**

Gen 2:18-25
Ps 128:1-5
Mk 7:24-30

❖ **Fri 15TH FEBRUARY, 2019**

Gen 3:1-8
Ps 32:1-2,5-7
Mk 7:31-37

❖ **Sat 16TH FEBRUARY, 2019**

Gen 3:9-24
Ps 90:2-6,13
Mk 8:1-10

17TH, 2019

SIXTH SUNDAY IN ORDINARY TIME

1st Reading: Jer 17:5-8

Resp. Ps: Ps 1:1-6

2nd Reading: 1Cor 15:12,16-20

Gospel: Lk 6:17,20-26

KNOW MORE ABOUT YOUR FAITH

THE BLESSED EUCHARIST AS A SACRAMENT

Proof from Scripture

This may be adduced both from the words of promise (John 6:26 sqq.) and, especially, from the words of Institution as recorded in the Synoptics and St. Paul (1 Corinthians 11:23 sqq.).

The words of promise (John 6)

By the miracles of the loaves and fishes and the walking upon the waters, on the previous day, Christ not only prepared His hearers for the sublime discourse containing the promise of the Eucharist, but also proved to them that He possessed, as Almighty God-man, a power superior to and independent of the laws of nature, and could, therefore, provide such a supernatural food, none other, in fact, than His own Flesh and Blood.

This discourse was delivered at Capharnaum (John 6:26-72), and is divided into two distinct parts, about the relation of which Catholic exegetes vary in opinion. Nothing hinders our interpreting the first part [John 6:26-48 (51)] metaphorically and understanding by "bread of heaven" Christ Himself as the object of faith, to be received in a figurative sense as a spiritual food by the mouth of faith. Such a figurative explanation of the second part of the discourse (John 6:52-72), however, is not only unusual but absolutely impossible, as even Protestant exegetes readily concede.

First of all the whole structure of the discourse of promise demands a literal interpretation of the words: "eat the flesh of the Son of man, and drink his blood". For Christ mentions a threefold food in His address, the manna of the past (John 6:31, 32, 49, 59), the heavenly bread of the present (John 6:32 sq.), and the Bread of Life of the future (John 6:27, 52). Corresponding to the three kinds of food and the three periods, there are as many dispensers

KNOW MORE ABOUT YOUR FAITH

could not, being a transitory food, ward off death. The second food, that offered by the Moses dispensing the manna, the Father nourishing man's faith in the Son of God made flesh, finally Christ giving His own Flesh and Blood.

Although the manna, a type of the Eucharist, was indeed eaten with the mouth, it Heavenly Father, is the bread of heaven, which He dispenses hic et nunc to the Jews for their spiritual nourishment, inasmuch as by reason of the Incarnation He holds up His Son to them as the object of their faith.

If, however, the third kind of food, which Christ Himself promises to give only at a future time, is a new refectio, differing from the last-named food of faith, it can be none other than His true Flesh and Blood, to be really eaten and drunk in Holy Communion.

This is why Christ was so ready to use the realistic expression "to chew" (John 6:54, 56, 58: trogein) when speaking of this, His Bread of Life, in addition to the phrase, "to eat" (John 6:51, 53: phagein). Cardinal Bellarmine (De Euchar., I, 3), moreover, calls attention to the fact, and rightly so, that if in Christ's mind the manna was a figure of the Eucharist, the latter must have been something more than merely blessed bread, as otherwise the prototype would not substantially excel the type.

\The same holds true of the other figures of the Eucharist, as the bread and wine offered by Melchisedech, the loaves of proposition (panes propositionis), the paschal lamb. The impossibility of a figurative interpretation is brought home more forcibly by an analysis of the following text: "Except you eat the flesh of the Son of man, and drink his blood, you shall not have life in you.

He that eateth my flesh and drinketh my blood, hath everlasting life: and I will raise him up in the last day. For my flesh is meat indeed: and my blood is drink indeed" (John 6:54-56).

To be continued.....

MOTIVATION

10 Motivational Quotes

1. Your limitation—it's only your imagination.
2. Push yourself, because no one else is going to do it for you.
3. Sometimes later becomes never. Do it now.
4. Great things never come from comfort zones.
5. Dream it. Wish it. Do it.
6. Success doesn't just find you. You have to go out and get it.
7. The harder you work for something, the greater you'll feel when you achieve it.
8. Dream bigger. Do bigger.
9. Don't stop when you're tired. Stop when you're done.
10. Wake up with determination. Go to bed with satisfaction.

ADVERT

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