

## PASTORAL CARE

**Sacrament of Confession:** Every Saturday from 6.00pm to 7.00pm

**Sacrament of Baptism of Infants:** *First Saturday of every month. Please call at the Church's office for a baptismal form. Instructions: Thursday preceding the date for baptism.*

**Visitation of the Sick and Aged:** *Thursdays at 7.00 am. Contact the office if you have a sick or aged Person(s) to be visited.*

**Sacrament of Marriage:** Arrangements must be made **at least six months to a year** with the priests. The couple or one of them must be a registered member of the Church for **at least 6 months.**

**Consultation of Priests:** Monday, Tuesday Wednesdays (In the Evenings) Time: 6.30 - 8.00 pm. In case of any emergency call on the Priest.

**Church office hours: Mon. to Thur.:10am -2pm & 5 pm - 8pm: Sat. 6 pm to 8p: Sun: 9 am -1.30: Friday: Off Duty**

SUNDAY MASS: FIRST MASS - 7:00AM AT STM,  
SECOND MASS - 9:30AM AT SJF

### NEXT SUNDAY: Nineteenth Sunday in Ordinary Time

Singing: First Mass: Main Choir  
Second Mass: Akan kuo

Offertory: *First Mass: New Achimota/Kopevi-akwe.*  
Second Mass: Amalgamated

## WEEKDAY MASS

Tuesday 6:15am  
Wednesday 6:15am  
Thursday 7:00pm

## UPCOMING EVENT

- Feast of the Assumption of Blessed Virgin Mary (15<sup>th</sup> August 2013)
- Priestly Ordination (17<sup>th</sup> August 2013)

SLOGAN: St. Thomas More: Besohwe! St. Thomas More: Justice and Truth!!

St Thomas More: Pray for us!!!

SLOGAN: St John Fisher: Besohwe!  
St John Fisher: Justice and Truth!!  
St John Fisher: Pray For Us!!!

THANKS FOR WORSHIPPING WITH US. HAVE A BLESSED WEEK.

## ANNOUNCEMENTS

1. There is Bible sharing this and every Wednesday at STM at 7:00pm
2. Thursday, 15<sup>th</sup> August 2013 is the Feast of the **Assumption of the Blessed Virgin Mary**. There will be Mass at 7:00pm at STM. The Main Choir will sing the Mass.
3. A young man with IATA diploma in consultancy and managing the Travel Business is seeking employment. Anybody who can assist him should contact him on 0244477948.
4. A parishioner with certificate in Health Assistant (Clinical) is looking for employment as a nurse in a hospital or clinic. Anybody who can be of help should please contact him on 0248941100.
5. A graduate with Diploma and Degree in marketing is looking for employment. Anybody who can assist should please contact him on 0242152862.
6. **The Catholic Priests of Accra** presents **Drama Night** entitled "THE FAITH OF OUR FATHERS" on the 14<sup>th</sup> August 2013 at Holy Spirit Cathedral, Adabraka. Time, 6:00pm. The ticket is sold at Ghc10

## QUIZ

**Answer to last week's:** The clergy (Priest and deacon)

**This week's:** who is the extraordinary minister of baptism

## QUOTE

Impossible is a word to be found only in the dictionary of fools.  
*Napoleon Bonaparte*

# ST. THOMAS MORE CATHOLIC CHURCH, ACHIMOTA & ST. JOHN FISHER CATHOLIC CHURCH, NEW ACHIMOTA

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## WEEKLY NEWSLETTER



11<sup>TH</sup> AUGUST, 2013: NINETEENTH SUNDAY IN ORDINARY TIME- C  
THEME FOR THE WEEK: **Faith in times of Trouble**



## TODAY'S READINGS

**1st Reading:** Wis 18:6-9

The exodus from Egypt illustrates how God ultimately delivers the righteous. Whoever trusts in the Lord will not be disappointed.

**Responsorial Psalm: Ps 33:1,12,18-20,22**  
**BLESSED THE PEOPLE THE LORD HAS CHOSEN AS HIS HERITAGE.**

**2nd Reading:** Heb 11:1-2,8-19

The second reading sings the praise of people of great faith, and of Abraham in particular, our father in faith.

**Gospel:** Lk 12:32-48

Jesus tells us that we know not the day or the hour of the coming of the Son of Man: therefore, we must always be prepared.

## Reflection

*For most of us, the greatest test of our faith may arise from the ordinary, humdrum, daily routines, the ups and downs of life as we go through it. And it is true that we can brood over these until they get us down, until our faith in divine providence turns sour, and we are left stranded in our misery. It is at such times that we should turn to prayer and renew our inner strength through reception of the sacraments. "No matter what happens, keep on praying," St Paul told the first Christians who endured so much for their faith.*

## READINGS FOR THE WEEK

❖ **Mon 12<sup>th</sup> August, 2013**

Deut 10:12-22; Ps 147:12-15,19-20; Mt 17:22-27

❖ **Tues 13<sup>th</sup> August, 2013**

Deut 31:1-8; Ps Deut:32:3-4,7-9,12; Mt 18:1-5,10,12-14

❖ **Wed 14<sup>th</sup> August, 2013**

Deut34:1-12; Ps66:1-3,5,8,16-17; Mt 15:21-28

❖ **Thur 15<sup>th</sup> August,2013 (The Assumption of the Blessed Virgin Mary)**

Rev 11:19,12:1-6,10; Ps45:10-12,16;1Cor 15:20-27; Lk 1:39-56

❖ **Fri 16<sup>th</sup> August,2013**

Jos 24:1-13; Ps 136:1-3,16-18,21-22,24; Mt 19:3-12

❖ **Sat 17<sup>th</sup> August,2013**

Jos 24:14-29; Ps 16:1-2, 5,7-8,11; Mt 19:13-15

18<sup>TH</sup> AUGUST, 2013

TWENTIETH SUNDAY IN ORDINARY TIME

1<sup>st</sup> Reading: Jer 38:4-6,8-10

Resp. Ps : 40:2-4, 18

2<sup>nd</sup> Reading: Heb 12:1-4

Gospel : Lk 12:49-53

## KNOW MORE ABOUT YOUR FAITH

### Transfiguration of Jesus

The Transfiguration of Jesus is an episode in the New Testament narrative in which Jesus is transfigured and becomes radiant upon a mountain. The Synoptic Gospels (Matthew 17:1–9, Mark 9:2-8, Luke 9:28–36) describe it, and 2 Peter 1:16–18 refers to it.

In these accounts, Jesus and three of his apostles go to a mountain (the Mount of Transfiguration). On the mountain, Jesus begins to shine with bright rays of light. Then the prophets Moses and Elijah appear next to him and he speaks with them. Jesus is then called "Son" by a voice in the sky, assumed to be God the Father, as in the Baptism of Jesus.

The Transfiguration is one of the miracles of Jesus in the Gospels. This miracle is unique among others that appear in the Canonical gospels, in that the miracle happens to Jesus himself. Thomas Aquinas considered the Transfiguration "the greatest miracle" in that it complemented baptism and showed the perfection of life in Heaven. The Transfiguration is one of the five major milestones in the gospel narrative of the life of Jesus, the others being Baptism, Crucifixion, Resurrection, and Ascension.

In Christian teachings, the Transfiguration is a pivotal moment, and the setting on the mountain is presented as the point where human nature meets God: the meeting place for the temporal and the eternal, with Jesus himself as the connecting point, acting as the bridge between heaven and earth.

### **Presence of prophets**

The presence of the prophets next to Jesus and the perceptions of the disciples have been subject to theological debate. Origen was the first to comment that the presence of Moses and Elijah represented the "Law and the Prophets", effectively referring to the Torah or the Pentateuch. Martin Luther, continued to see them as the Law and the Prophets respectively, and their recognition of and conversation with Jesus as a symbol of how Jesus fulfils "the law and the prophets" (Matthew 5:17–19, see also Expounding of the Law).

## KNOW MORE ABOUT YOUR FAITH

The real presence of Moses and Elijah on the mount is rejected by those churches and individuals who believe in "soul sleep" (Christian mortalism) until resurrection. Several commentators have noted that Jesus describes the transfiguration using the Greek word orama (Matthew 17:9), according to Thayer more often used for a supernatural "vision" than for real physical events, and concluded that Moses and Elijah were not truly there.

### **Feast and commemorations**

The Feast of the Transfiguration is celebrated by various Christian denominations. The origins of the feast are less than certain and may have derived from the dedication of three basilicas on Mount Tabor. The feast was present in various forms by the 9th century, and in the Western Church was made a universal feast on August 6 by Pope Callixtus III to commemorate the Siege of Belgrade (1456)

In the Syriac Orthodox, Indian Orthodox, Revised Julian Calendars within Eastern Orthodoxy, Roman Catholic, and Anglican churches, the Feast of the Transfiguration is observed on 6 August. In those Orthodox churches which continue to follow the Julian Calendar, August 6 falls on August 19 of the Gregorian Calendar. Transfiguration is considered a major feast, numbered among the twelve Great Feasts in Orthodoxy. In all these churches, if the feast falls on a Sunday, its liturgy is not combined with the Sunday liturgy, but completely replaces it.

In some liturgical calendars (e.g. the Lutheran and United Methodist) the last Sunday in the Epiphany season is also devoted to this event. In the Church of Sweden and the Church of Finland, however, the Feast is celebrated on the seventh Sunday after Trinity, the eighth Sunday after Pentecost.

In the Roman rite, the gospel periscope of the Transfiguration is read on the second Sunday of Lent, whose liturgy emphasizes the role the Transfiguration had in comforting the Twelve Apostles, giving them a powerful proof of his divinity, and a prelude to the glory of the Resurrection on Easter.

## YOUTH CORNER

### How to Be a Proper Young Lady

**Take care of what you have.** There is no point in fretting about the fact that you aren't three inches taller, or that your eyes are green and not blue, like you wish. You need to work with what you have.

.Washing once a day is essential. Your face needs to be washed and moisturized once in the morning, and then again in the evening before you go to sleep. Shower often, and remember to shave your legs and under your arms. Be sure to ready a washcloth, body towel, and a floor towel. Make sure you keep your floor towel straight on the floor, and body towel nearby, and absolutely keep your wash cloth in the shower, then take all 3 out when you are done.

.Your hair must be well maintained and kept healthy; you should not dye it an unnatural color. If you do decide to dye your hair, never let your roots show. Whatever hairstyle you wear must be neat, clean, and appropriate for the occasion (i.e. hair in an elastic band for gym is more comfortable, but an up do would be more appropriate for a formal.) You do not need to curl or straighten your hair, although you can if you want to.

## YOUTH CORNER

.Your nails must be well kept. You must not bite them or let nail polish chip.

.Make-up should be natural during day time events; tinted moisturizer is fantastic, if you have clear skin. A light mineral powder foundation is recommended, if your complexion is blotchy and full of blemishes. A congealer that suits your skin tone is helpful in hiding nasty blemishes, but do not let yourself fall into the 'more is better' trap, because it really isn't; looking like a cake is not getting you any closer to being a proper young lady. Heavy eye make-up should only be worn at night events, as is the case with red or other dark shades of lipstick. However, one should not wear red lipstick with heavy make-up; it needs to be one or the other.

Perfume should be carefully chosen; a classic lighter scent should be worn every day; something heavier for going out, but remember to never wear anything that you feel you don't have the confidence to pull off.

.Eyebrows are a very expressive feature of your face, and should be well maintained. However, over-plucking is not necessary or advised. Your teeth are also very important and often neglected; be sure to brush and floss them at least twice a day. Using mouthwash is also quite effective. **(To be continued)**

## FINANCE CORNER

Thank you all for your generosity. May God bless you.


### **DETAILS OF LAST SUNDAY'S COLLECTION**
